



## February Holiday Activity Programme 2020

### Information Pack

Charnwood Borough Council's Sport and Active Recreation Team is offering you a range of exciting opportunities designed to keep everyone entertained this February half term.

This February we have yet another exciting programme of activities planned to include the very popular horse riding, den building, multi-sports and arts and crafts. There will also be love family fit, yoga and laser quest as requested by you! With 2 activities on offer every day, there is something for everybody this half term!

You can book online at: [www.charnwood.gov.uk/holidayprogrammes](http://www.charnwood.gov.uk/holidayprogrammes) or call our Contact Centre on: 01509 634561 to book your child/ren to our activities. A full list of each activity can be viewed below:

#### **AERIAL TREKKING**

**FRIDAY 21<sup>st</sup> FEBRUARY 11:15 – 12:45**

**LEICESTER OUTDOOR PURSUITS CENTRE, LOUGHBOROUGH ROAD, LEICESTER, LE4 5PN**

This course provides a challenging activity ten metres above the ground. Whilst attached to a safety cord, you will need to conjure up the courage to stride across the gap from the tower onto the course. Please remember: Close-fitting clothing is recommended, particularly on the upper body and arms. Trousers and clean lightweight shoes are also recommended. Long hair should be tied back and jewellery removed. Please arrive at the centre 10 minutes prior to the activity commencing.

**Full Price:** £15.00

**Wild Card Price:** £11.25

**Concessionary Wild Card Price:** £7.50

***The activity is suitable for 8-16 year-olds***

*Booking Required – 12 places available*

## **ARTS & CRAFTS**

**TUESDAY 18<sup>th</sup> FEBRUARY 14:00-16:00**

**ST. BOTOLPH'S CHURCH HALL, CHURCH GATE, SHEPSHED, LE12 9RJ**

Inspire your imagination and create delightful crafts, handmade gifts or just enjoy getting creative in a relaxed and fun environment!

Along with colouring and playdoh, the following activities will be available this half term:

- Creating funky glasses
- Masks
- Beaded Keyrings

Suitable for Children aged 4+

There will be a sink at the venue for children to wash their hands after the session, but please bring suitable clothes as they might get dirty and messy from the activities.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

***Full Price: £4.00***

***Wild Card Price: £3.00***

***Concessionary Wild Card Price: £2.00***

***The activity is suitable for 4-10 year-olds***

***Booking Required - 20 places available***

## **DEN BUILDING**

**THURSDAY 20<sup>th</sup> FEBRUARY 14:00 – 16:00**

**THE OUTWOODS, WOODHOUSE LANE, LOUGHBOROUGH, LE11 3YG**

Test your skills by competing against each other to see who can build the best den; can you pass our water, wind and camouflage test? Please wear suitable clothing & footwear for the weather. Please bring a drink.

Please be aware that there is a parking charge of £1 when using the Outwoods carpark. All visitors are required to pay £1 to park for a day. These charges apply every day (including Bank Holidays) between 6am and midnight. The car park has free Blue Badge parking.

**This is a family activity. Under 7's will need to be accompanied by an adult. We are happy for younger siblings (Under 4) to participate in the activity for free providing they have a sibling aged 4+ booked on and a parent present.**

**Full Price:** £4.00

**Wild Card Price:** £3.00

**Concessionary Wild Card Price:** £2.00

***The activity is suitable for 4-16 year-olds and parents***

Booking Required - 20 places available

## **FAMILY NORDIC WALKING**

**WEDNESDAY 19<sup>th</sup> FEBRUARY 14:00 – 16:00**

**QUEENS PARK, 54 FREDERICK STREET, LOUGHBOROUGH, LE11 3BJ**

This walk will take you around Queens Park and delivered by trained British Nordic Walking Society Instructor, Ciro. This session will provide a fun and engaging introduction to Nordic Walking, which is an exciting form of walking that uses Nordic Walking poles giving a great work out for the whole family.

Nordic Walking uses poles reducing the impact on joints whilst also providing a full body workout. This session is suitable for all ages and abilities, the poles will be available to borrow during the walk.

Come along and take part in this active session and enjoy a selection of fun games, walking and experience great health benefits for the whole family.

Please dress appropriately for the weather including suitable footwear. Please bring a drink

**\*\*Meeting point: Outside Charnwood Museum 15 mins prior to session commencing\*\***

**This is a family activity. All children MUST be accompanied by an adult.**

***THIS ACTIVITY IS FREE!***

***The activity is suitable for families for all ages and abilities***

*Booking Required - 20 places available*

## **HORSE RIDING LESSONS**

**MONDAY 17<sup>th</sup> FEBRUARY 10:00 – 12:00 (please arrive for 09:45)**

**PARK VIEW RIDING SCHOOL, 100 ANSTEY LANE, THURCASTON, LE7 7JA**

Come along to learn the fundamentals of horse riding, coached by BHS-approved instructors. Whether you are a novice or experienced rider we have a wide selection of horses and ponies, so we can match you with a suitable size and temperament. In addition to riding for a full 1 hour, you would be able to take part in pony care and grooming as well.

All participants are required to wear trousers to ankle length, jumper or jacket and footwear should be sensible with no zips or buckles on the inside. A low heel is a necessity. No shorts, trainers, pumps, dolly shoes or open toed sandals allowed. Please remember to bring a drink. Please contact the Sport & Active Recreation team if you are unsure about what to wear before going to the session.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

***Full Price: £21.00***

***Wild Card Price: £15.75***

***Concessionary Wild Card Price: £10.50***

***The activity is suitable for 5-16 year-olds***

*Booking Required - 16 places available*

## **KIN-BALL TASTER SESSION**

**MONDAY 17<sup>th</sup> FEBRUARY 12:30 - 14:00**

**LOUGHBOROUGH LESIURE CENTRE, BROWNS LANE, LOUGHBOROUGH,  
LE11 3HE**

Kin-ball is a unique fun and inclusive team sport, it originates from Canada and was formed in the UK in 2018. A Kin-ball is a huge lightweight inflatable ball that is 1.22 metres (48 inch) in size weighing just 1kg.

Kin-ball is easy to master, it consists of 3 teams of four players who need to compete against the opposition to defend and attack to score points to win.

Come along and try this new exciting crazy fun taster session of Kin-ball where you will get to play lots of fun games and learn a new sporting craze!

Kin-ball is inclusive its suitable for everyone and all abilities.

Please wear appropriate clothing (sports kit and trainers). If you have long hair it needs to be tied back. All jewellery must be removed. Please bring a drink. The session will be run by Charnwood Borough Council Sports Leaders.

***THIS ACTIVITY IS FREE!***

***The activity is suitable for 7-16 year-olds***

*Booking Required - 20 places available*

**LOVE FAMILY FIT**

**FRIDAY 21<sup>st</sup> FEBRUARY 14:00 – 16:00**

**WYMESWOLD MEMORIAL HALL, 2-5 CLAY STREET, WYMESWOLD,  
LOUGHBOROUGH, LE12 6TY**

LOVE Family Fit is a family ran initiative with the goal of improving the health of families

LOVE Family Fit is something new and exciting which gets the whole family ACTIVE - We turn children's PE Games into an intense and fun workout. Never have time to exercise due to childcare? Now you can!

A fun and different approach to exercise, experience a range of fun and enjoyable games which are suitable for all ages and fitness abilities.

Get FIT as a FAMILY with LOVE Family Fit.



Please wear appropriate clothing (sports kit and trainers). If you have long hair it needs to be tied back. All jewellery must be removed. Please bring a drink.

**This is a family activity. All children MUST be accompanied by an adult.**

**Full Price:** £6.00 Per Family

***The activity is suitable for all ages and abilities***

Booking Required - 20 places available

Book at: [www.tayplaysport.co.uk/lovefamilyfit](http://www.tayplaysport.co.uk/lovefamilyfit)

## **LASER QUEST**

**THURSDAY 20<sup>th</sup> FEBRUARY 10:00 - 12:00 (please arrive for 09:45)**

**LASER QUEST, FLOOR 1 SITAL HOUSE, CATTLE MARKET,  
LOUGHBOROUGH, LE11 3DL**

Laser Quest is a non-contact interactive laser game suitable for children over the age of 6. We provide full briefings and all the equipment you need. Each player is kitted out with a futuristic body pack and carries a laser. Each game is played out in the Laser Quest labyrinth, with catwalks, mazes, swirling fog, music and lights. You score points when you zap your opponents but lose points when they zap you. Players can compete in 20 minute sessions. From team to solo games, there is a format suitable for you. Scores are displayed on monitors at the end of the game with each player receiving their own score card.

**Under 7s need to be accompanied by a parent/carer for the duration of the activity.**

**Full Price:** £8.00

**Wild Card Price:** £6.00

**Concessionary Wild Card Price:** £4.00

***The activity is suitable for 6-16 year-olds – Minimum height 1.1metres***

Booking Required - 30 places available

## **MULTI - SPORTS WITH LCFC**

**TUESDAY 18<sup>th</sup> FEBRUARY 10:00 – 12:00**

**BURTON ON THE WOLDS VILLAGE HALL, LOUGHBOROUGH ROAD, BURTON ON THE WOLDS, LE12 5AF**

Want to have lots of fun as well as trying out lots of different sports all in one session? Then this is the perfect opportunity for you. Come to our multi-sports sessions which will teach you the key skills in different game-based sports, allowing you to put these to the test in game situations. These sports include: cricket, dodge ball, football, tennis and many more. Please bring a drink and wear appropriate shoes and clothing. The sessions will be ran by LCFC qualified FA coaches.

***THIS ACTIVITY IS FREE!***

***The activity is suitable for 8-14 year-olds***

*Booking Required - 20 places available*

## **YOGA**

**WEDNESDAY 19<sup>th</sup> FEBRUARY 11:30 - 12:30**

**BALANCE YOGA STUDIO, OAK BUSINESS CENTRE, RATCLIFFE ROAD, SILEBY, LE12 7PU**

Yoga is great for creating a feeling of calm and tranquillity and can help parents and kids to relax in each other's company. You'll all return home feeling connected, chilled and full of love!

Come and join Emily for Yoga:

- \* energetic and fun yoga games
- \* partner work to encourage connection and teamwork
- \* simple meditations and breathing practices to calm the mind and body

space to learn together and spend time deepening the bond between parent and child.

Please bring a drink along and wear appropriate clothes (e.g. a t-shirt and shorts or leggings). If you have long hair it needs to be tied back. All jewellery must be removed.



**All children MUST be accompanied by an adult.**

**Full Price: £4.00 PER PERSON**

For more info and to book online please visit: [info@balanceyogastudio.co.uk](mailto:info@balanceyogastudio.co.uk)  
***The activity is suitable for 4-10 year-olds and parents***

*Booking Required - 16 places available*

### **IMPORTANT INFORMATION FOR ALL ACTIVITIES**

We strive to make our activities accessible for all; children with a disability are welcomed and encouraged to take part in all activities. Carers and parents are welcome to attend sessions. Please call on 01509 634592, should your child/children need extra support to discuss in further detail.

If you are unable to attend a booked session, we ask that you contact the Sport and Active Recreation Team on 01509 634673 at least 24 hours before the session so the place can be offered to someone else.

**Age policy** – The age ranges for each activity are strict and you cannot book your child if they are over or under the age restrictions. Please note that the Wild Card discount is only applicable for children aged 5-16. Children under the age of 7 **MUST** be accompanied by a parent/carer over the age of 16.

**Drinks** – For all activities, please send your child/children with a drink as there is not always a facility for this at all venues.

**Staff** - All staff have undergone enhanced Disclosure and Barring Service checks and are First Aid qualified.

**Clothing** - The weather during the holidays could be temperamental, so please ensure that you/your child come dressed appropriately for the activity and the weather on the day (jumpers/raincoats/wellington boots/sun protection etc.).

**Collecting from sessions** - We do not take responsibility for participants outside the hours of the session. **DO NOT** leave your children unaccompanied until the activity staff arrive. The staff at venues are **NOT** responsible for your children.

Please ensure that you complete the section on the booking form or advise when ringing to book if your child has permission to walk home alone from the session and will not be collected.

**Children Under 5** - If a child under the age of 5 would like to attend a session, they must be accompanied by an adult or sibling over the age of 16. Please note that the Wild Card discount is only applicable for children aged 5-16.



**Refunds Policy/Session changes** - We will always endeavour to ensure that activity sessions operate as advertised in our activity brochures. However, we do reserve the right to cancel sessions due to circumstances beyond our control. In the event of a cancellation we will provide you with as much notice as possible. Should it be necessary for us to cancel an activity, you will receive a full refund. Card payments will be refunded back to your card. In exceptional circumstances, it may be necessary to change the format of the activity on the day. This could be down to the weather on the day which could lead to the activity needing to be adapted. We will endeavour to inform parents/guardians/participants prior to the commencement of the session.

The booking of activities is considered to be a commitment to attend. Due to the large amount of daily bookings processed we are unable to alter a booking once confirmed. A refund will only be given in exceptional circumstances e.g. serious illness/accident.

**Data Protection** - The council will collect personal data about you and your child during the booking process, including - your name, address, contact details, payment details, child's name, age and any relevant medical information.

This information is required to make and pay for a booking, provide activity staff with information of emergency contact details and, in the case of relevant medical information, to ensure the safety of your child while taking part in an activity.

The Council's condition for processing this information is your explicit consent, so it is very important that you have read and understood what information we will collect, and the purpose of the collection.

The Council will not pass on any of the details provided to anybody else, apart from the Child's name to an external activity session leader where applicable, and the data will be retained in line with our retention schedule.

If you are not happy to provide the information requested or withdraw your consent for the processing, we will be unable to proceed with the booking.

For more information about how & why we process your personal data, your data protection rights or how to contact our data protection officer, please view our Privacy Notice

<https://www.charnwood.gov.uk/pages/privacynotice>

## **You Said We Did**

As part of our on-going commitment to improve our holiday programme we actively seek feedback on the activities we offer.

Based on feedback from our October programme 2019, we have made several adaptations to the programme for this February:

**You said ....**



*“more activities for 5/6 year olds”*

**We did ....**

This February we have lots of activities available for the younger ages from horse riding, den building, laser quest and the popular arts and crafts. We also have lots of family sessions; love family fit, yoga plus a new activity for 2020; Nordic family walking on Wednesday 19<sup>th</sup> February from 14:00 – 16:00 at Queen’s Park, Loughborough

**You said ....**

*“I think the scheme is great and will use it much more. Not aware of your presence on social media, I would promote”*

**We did ....**

Thank you for your positive feedback, we endeavour to continue ensuring that our customers are satisfied with our service, it’s great to hear that the children enjoy our activities and the parents are also happy with our service.

We do have both Facebook and Twitter social media accounts, you can like and share our posts to keep you updated. We also have an active Charnwood newsletter, sign up now at: <http://eepurl.com/cT7v-j>

**You said ....**

*You asked for future sessions to include .... “yoga, love family fit and cycling proficiency”*

**We did ....**

This February, due to demand we will be including Family Yoga and love family fit sessions for our customers to enjoy during the half term.

Exciting news!!! We have been asked many times to include cycling proficiency in to our holiday activity programme we are now working towards making this happen later in the programme – watch this space 😊