

November 2015 Long Furrow



NOVEMBER

LONG FURROW

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LONG FURROW is published by the editorial panel
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ADVERTISING

Until further notice, we will charge £8 for our smallest ad (one eighth of a page) . The cost of other size adverts are: £15 per 1/4 page, £30 per 1/2 page and £55 per full page. If you pay for 4 issues in advance, a 10% discount will be given. Dennis Bishop on 0116 2607410 will be able to provide further information on advertising in LONG FURROW. Circulation of the magazine is currently 1200 copies delivered free to all business and residential addresses in East Goscote.

As usual, we are publishing a list of advertisers who support LONG FURROW; please give them your support. When using these businesses, please tell them that you have seen their ads in the magazine. Some advertisers have expressed satisfaction at the

Editorial

Welcome to the “winter”, or is it the autumn, edition of the Long Furrow? The last week or two have been very mild for this time of the year. The seasons seem to be changing, but at least we have seasons, unlike some countries that have monotonous year long sun ! !

Our village is also changing as the years go by. The demographics (I needed a dictionary for that) are changing to produce a wide range of ages. Just look at some of the articles in pages 4 to 10, which range from pre-school, through school, and sport, then on to more sedate activities (p.16)!

Hopefully every community is a caring community, and that is shown by the commitment of villagers to the various village activities, from clubs and societies to social get togethers. We all seem to live busy lives, but there are opportunities, when time permits, to get involved in helping others in the wider community, from the village library to vulnerable, disadvantaged folk, as pages 12 to 15 show.

Safety and security are also basic needs of any community. Security in the home, as well as outside, on the roads for example. The articles on pages 21 to 23 remind us of the dangers of speeding, and the importance of home security. Speeding (only just over !) and a break-in have affected me, and hopefully I have learnt from them. Both incidents have made me more cautious about safety and security. Sometimes only small changes make life safer for all of us. Note the reader's letter on wheelchairs on the village (p.23)

We are approaching the Christmas season., and hopefully the material aspect of the celebrations don't overwhelm you, and you have time to think about the original meaning of Christmas . . the Christ-Mass. It is a time for celebration, and the articles on pages 15 to 17 remind us why.

I hope you enjoy Christmas, and hope that the question of the 3 wise men in the clip on page 27 is not too daunting.

Kind Regards, Dennis

Long Furrow retains the right to edit or refuse articles if it is deemed necessary. Anonymous items will not be published unless details of the writer are made known confidentially to the editor of Long Furrow.

The views expressed in Long Furrow are those of the contributors and do not necessarily represent those of the editorial panel.

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1st East Goscote Brownies.

This term, we have already been on a trip to the fire station, which the girls thoroughly enjoyed and have now finished their fire safety badge.

We held a harvest themed evening and the girls got to try lots of different types of bread.

We have had a scary Promise ceremony for the new girls, with lots of shrieking.

We are having a Minion evening and making Christmas crafts.

On December 6th, the Brownies are going to see Aladdin at Loughborough Town hall and we will finish the term with a pyjama night.

If you know any girls between 7 and 10 years old that would like to join us please contact Rosemary Fraser on 0116-2602912.

On behalf of all the guiders and myself, we wish you all a very merry Christmas.



We are in urgent need of several volunteers to be part of the team that distributes the magazines to houses in East Goscote. Each round is usually about 50 houses, and takes about 30 to 45 minutes. If you can help please contact any of the Editorial Panel, shown on page 3



see p.16

1st East Goscote Rainbows

We had a great summer term working on the King Richard III Challenge badge which was kindly donated to



Leicestershire guiding units by the Leicester Cathedral. We also made edible pictures using fruit and veg and enjoyed eating them afterwards! We had a sports evening when we were joined by Rainbows from the Queniborough unit.



This term we are working hard towards the Rainbow Festival badge. So far we have made carnival masks, had our own Holi Festival, having great fun throwing paint at paper. We held a



Teddy Bear evening and found out about Rainbow guides in South Africa who are called Teddies.

To celebrate Queen Elizabeth's longest reign, we had a royal evening where the girls completed Queen based activities.

We have recently welcomed Amber, Amy and Ava to our unit and currently have spaces for 5 to 7-year-old girls. Please see the Girlguiding website and select the parents' tab to register your daughter's interest. Girlguiding is a voluntary organisation benefitting girls of all ages, local units are always looking for adult helpers so if you feel you would like to get involved, again you can register your interest by visiting the Girlguiding UK website.



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A great start to the new academic year we've had with our new children settling-in with ease and have been developing a strong bond with from day one with their key person. Our existing children returned full of their summer holidays stories and many have loved helping the new younger children to find their feet in our setting.



Our role-play adventures have been a Superhero's Den, a baby clinic, a home setting, an Indian restaurant, Goldilocks and the three bears cottage and we continually use our outdoor playhouse to role-play in.

We've had lots of fun being creative with junk modelling, pastry play, playdough, a variety of painting techniques, whisking/mixing food ingredients and exploring wet/dry sand.



At Bizzy Bees we enjoy exploring our physical skills where we have engaged in movement to music with Miss Janet and in other sessions with the staff at Preschool. Our garden has been a place that we have played with balls, hoops, stilts, balanced on beams and whizzed around on our ride-ons. We have walked around the village and also explored the play area near the church. Phew!

The children have enjoyed exploring the theme of Autumn where on our village walks we collected leaves and brought them back to Bizzy Bees to paint and print. It was lovely walking through the village finding mounds of leaves, we picked them up and threw them through the air, we also talked about colours, sizes and the crunch as we walked over them.



We explored our Interest table, using magnifying glasses to look at leaves, conkers, pine cones and more.



Some of our older children enjoyed a session at Broomfield school listening to stories read by older children and having a snack. Sessions such as this help the children become familiar with a school setting to aid transition and enhances links.

We are looking forward to dressing-up for Children in need; exploring music in different ways and Christmas activities.

Phew.....bizzy by name, busy by nature!!!

If anyone is interested in a place for their child or would like to find out further information about our preschool then please contact Helen on the above No/email

Helen, Dianne, Sarah, Lisa, Angela, Vicky, Jayne and Tasha.

Christmas Card Collection

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- collecting from 1st December to 19th December
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Contact East Goscote Scout group



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For more information on The Big Knit contact Age UK Leicester Shire & Rutland on **0116 2992233** or log onto <http://www.ageuk.org.uk/leics>. Please send completed hats to Age UK Leicester Shire & Rutland at Lansdowne House, 113 Princess Road East, Leicester LE1 7LA or drop in at one of our shops.

EAST GOSCOTE VILLAGE PRE-SCHOOL

A big hello from all the staff and children at Pre-School.

So what have we been up to?

Autumn Term 2015

- We soon settled into the new term making lots of new friends.
- We went to the park and collected lots of autumn leaves along the way to use in our creative exploration station.
- We had a super visit from Shirali and Milo monkey from Carillon dental care to teach us all about the taking care of our teeth and healthy eating, the children all listened beautifully and enjoyed it enormously.
- We made a scarecrow and crows to display for the scarecrow hunt at St Hildas Church.
- Our busy activities saw us making spiders and pumpkin carving for Halloween, lots of sparkles and glue for bonfire night and dressing up and tasting lots of yummy food for Diwali.
- We had lots of teddy bear visitors for Children In Need who loved biscuit making.

Christmas 2015

- Term will draw to a close with our popular Christmas Workshop and buffet lunch by all children and their families along with a visit from Santa.
- Pre-school staff are also super busy as we are putting together the "Santa's Despicable Me Grotto" in the village hall on **Friday 11th December at 6 o'clock**.

This is an invitation for all village children to come and visit.

Training

Leigh has taken part in the first session of the "Readiness for School Project" which was launched in October 2015. This is in association with Leicestershire County Council with the aim to support smooth transitions for children starting.

If you would like to come and join us in our exciting learning journey we look forward to meeting you.

Call or visit us any morning 9am-12pm Monday-Friday in the Village Hall or call Sally Lander (07756312171)

Until next time - Sally, Lisa, Leigh, Vicky and Tracey



Broomfield News

Welcome Back

Welcome back to a new academic year at Broomfield Primary School and what a busy start to the year we've had! We were very fortunate to have the Olympic swimmer Amy Smith in to join us for our sponsored sportivator event.



We held our first farmer's market which raised a fantastic £212 which we have decided to donate to the RSPCA.

The year 3 and 4 children had some special Egyptian visitors and topped off their Egypt topic by performing an Egyptian dance to the rest of the school.



Year 6 visited Cadbury's World



and some of the children were invited to attend the official opening of the new tennis court in the village.

During Black History Month in October each class found out about a sporting hero such as Emile Heskey, Muhammad Ali, Mo Farah and Lewis Hamilton.



It's a boy!

Everyone at Broomfield would like to express their congratulations to MR and Mrs Bond on the birth of their beautiful baby boy.

Forest School

Last half term a group of ten year 5 children attended six Forest School sessions in Booth wood, Loughborough, where they could climb trees, learn how to use tools safely and cook around a camp fire. The children have made a scrapbook about their adventures here is a sample of what they have written.

Booth wood forest school

At forest school some days it was cold, windy, wet and sunny. There is a tree that you can climb on I loved trying to get very high. When we were playing tig I would climb high and then jump down and run and hide. Sometimes we had some hot chocolate it was very nice. The people who went to forest school were Ruby, Kim, Lilly, Sam, Josh, Finn, Jack and Harvey. We all made up our own forest school name that started with the first initial of our name, I was called Jackdaw Jack.

By Jack

Week 1 of Forest School

Popcorn



On the first week we were really excited to go to Forest School because we had no idea what we were going to do. When we got there we met our first instructor that led us up to

the area where we had to stay in the blue rope.



When we got to the area we met our second instructor and his name was Roy and the first instructor was called Kerry. We found lots of fun guy (fungi) (ha ha ha!). After we had lunch Roy showed us where the climbing tree was and he helped us get up the tree the first time, now everyone can get up themselves.

By Joshua and Sam



Week 5 Calzone pizza

One week we made Calzone pizza it was delicious. We also played a game where someone had to close their eyes while someone else guided them to a random tree telling them to avoid a rock or step over logs when they had got to a tree they had to feel around. Then the guider guided them back still with their eyes closed back to where they had started. After that the person opens their eyes and tries to find the tree that they were guided to. They have 2 guesses. Most weeks we were allowed to have a hot chocolate it was awesome. Every week we did something new and exciting.

By Finn and Kaine



The Last week of forest school

For six weeks we went to forest school on Wednesdays in the afternoon. We made burgers they were delicious ♥♥♥. We shaped the meat into balls ourselves and if we wanted we could add some onions. We had 2 hammocks we had to share them And also we made a fire to cook the food on, We also saw a fungus that was called jelly ear 🍄🍄🍄?

We were really sad 😞😞😞😞 because it was our last week



By LiY-Rose, Ruby and Kimberley

Amy Smith



When an experienced swimmer (Amy Smith) came to Broomfield Primary School, she did sport activities with us. With the following, spotty dogs, leg drives, star jumps and press-ups.

Everyone was so excited and worn out (even Miss Jex).

When we reached the hall Amy Smith was already waiting for us, so we got into groups and started to do some moves. The music was getting us in the mood to do some exercises. Amy Smith was watching us all the time whilst supporting us; she wanted everyone to complete the whole thing. Some people thought it was hard though other people thought it was easy.

When we were all finished the whole school returned to their classrooms, and Amy Smith got ready to do a big assembly. After a few minutes of D and T, we lined up and got ready to go into the assembly. She told us how she first started her career which started at the age of eight, she was scared of water and was small for her age but she had grit. She went in several different Olympics and Commonwealth games and won lots of silver and gold medals.

By Daniella, Addison and Lois

Cadburys World

We went on a brilliant trip to Cadbury world.

On Thursday 15th October an amazing trip was due as we were all organised and ready for the big day to come. As soon as we got outside of Cadburys world I could smell the delicious and beautiful melted chocolate, we all looked round the inside of Cadburys world and there was lots of things to look at and good things in the shop, there was lots of chocolates and bubble gum!!! It was amazing I would give it 10\10 and I would definitely go again! . . . **By Lia, Jessica and Addison**



BROOMFIELD CHRISTMAS FAIR

Saturday 28 November, 2 to 4pm

We would like to invite you to join us for some festive fun at the Broomfield Christmas Fair on the afternoon of Saturday 28 November.

There will be stallholders selling a range of perfect presents and plenty of games and stalls for the kids. While they are splatting the snowman you can enjoy a cuppa and a mince pie and stock up on some treats. The children will be selling gifts made from recycled materials there will be craft activities for the kids too.

We all know that Christmas can be an expensive time so there will be a stall selling used toys, games, books and cuddly toys, all in excellent condition. And, thanks to the non-uniform day, there will be the biggest Tombola that Broomfield has ever seen!

Santa has confirmed that he will be able to fit our school Fair into his busy schedule and he will be bringing presents for all the children that would like to see him. You'll also be able to get a photo with him!

Entry, via school gate by play park, is 50p for adults, including programme and raffle tickets and kids go free.

We still have space for a few stalls left so if you would like to book please contact Diane Aston on 07968 450577 or email fobs.eastgoscote@gmail.com.

This year we are aiming to raise £3000 towards the purchase of another class set of ipad minis, along with cases and charging station. If you think you are able to help us to achieve our target in any way please get in touch.





East Goscote United FC



East Goscote United FC are proud to announce the formation of their newly established under 9 girls' development team.

The girls recently attended a tournament at Brockington College and played extremely well, we are requested not to advertise results, however they did the club proud and we would like to wish them, Harry and Alex all the best as they enter the under 10's development league.

Our under 9 boys team have had a fantastic start to their season and are doing a great job representing East Goscote, a mix of hard work and team spirit has been encouraging and the squad are always looking to grow. The boys play in a seven-a-side development league as do the under 11 girls who are also developing into a strong squad who show great respect for each other and for the game. The under 13 girls recently progressed onto the nine-a-side game where they have quickly grasped the off side rule and have had a successful start to their season in division one. They are a great bunch of girls who get on well both on and off the pitch.

Recruiting; We are looking to expand the club and have girls (school years 1 and 2) waiting to join, if you would like to get involved and feel you have what it takes to coach/manage a team please contact us through our Facebook page, the club would be able to support you in undertaking FA coaching courses.



MINDBENDERS

Can you decipher the puzzles below.

Below is an example:

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JACK	LMOTHERAW	2222222 DAY
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EAST GOSCOTE LIBRARY

In May next year the running of East Goscote Library will be transferred to a local management team and staffed entirely by volunteers. Do you want to volunteer to help in our village Library?

We are looking for volunteers to join us to keep our library running. There are various roles in which volunteers can be involved but all roles can be flexible.

Library Co-ordinator Session Leader Display Co-ordinator
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No matter what your skills, interest, experience or available time; there is something for everyone and full training and support will be provided. By volunteering you can develop new skills, make new friends and contribute to the local community.

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eglibrary@mail.com
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Thursday 17th December

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www.meltonmowbray.roundtable.co.uk

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EAST GOSCOTE LIBRARY

The transfer process is proving to be very slow. The Business Plan has been approved and we now await confirmation of our CIO charitable status. Once that has arrived the grant lease has to be agreed by our solicitors and Leicestershire County Council. The council have estimated that we will be able to transfer in May next year; the reason for this is that they are behind with their training programme for the libraries from the first wave.

Our Autumn *Fayre* proved a success and managed to add over £150 to our funds. More volunteers were also enrolled at this event. We would like to thank everyone who donated their time, goods and money in aid of the Library Fund. Look out for news of further fundraising events in the near future.

We still need more volunteers to assist in the Library. Some forms have not been returned: can I ask those with forms, if they are still interested, to please return the forms as soon as possible to allow us to fully evaluate our staffing levels. The ad which you will see elsewhere in Long Furrow, will explain more about volunteering.

We are liaising with Broomfield School to encourage children to use the library. One of our volunteers and one of our committee have already visited the school to discuss ideas.

Follow us on facebook at "East Goscote Community Library".
 Email eglibrary@mail.com for further information..



Apply for a SHIRE Community Grant

If you are a local charity, community group, social enterprise, town/ parish council and you are working with vulnerable or disadvantaged people.

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www.leicestershireforums.org for information about Your Shire Community grants of up to £2,500 and

www.leics.gov.uk/shiregrants for Shire Community Solutions grants of up to £10,000

Local Area Co-ordinators are now strengthening communities in Leicestershire.

Eight Local Area Co-ordinators have been recruited in localities across Blaby, Charnwood, Melton and Hinckley & Bosworth to help strengthen communities and reduce social isolation amongst the most vulnerable.

The aim of Local Area Co-ordination is to improve health and well-being and help prevent people from reaching crisis point - resulting in costly care and support services.

For more information on the initiative, visit www.leics.gov.uk/lac



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Let the 'Rain', see the 'bows'!

Popular TV presenter and comedian visits children's hospice

Television presenter, actor, comedian and all round nice guy, Paddy McGuinness, paid a surprise visit to Rainbows Hospice for Children and Young People.

Best known for his one-liners as host of ITV1's Saturday night dating show, Take Me Out, Paddy popped in to meet the children, young people, families and staff on Friday. The TV funny man, who also recently appeared in Coronation Street, took part in arts activities, signed autographs and happily posed for photos with everyone at the hospice.

Rainbows is the East Midlands's only hospice for children and young people, providing care and support for those with life-limiting and terminal illnesses across the region.

Paddy, who was in the East Midlands as part of his sold-out nationwide stand up tour, also brought an array of Halloween gifts for the children, including dressing up costumes and sweets.

Rainbows has a whole host of festive fundraising activities taking place this winter which you can get involved in - including Santa Runs, Carol Concerts, a Christmas Superdraw and this year's Light up A Life celebrations.

For more information or to get involved visit: www.rainbows.co.uk/christmas



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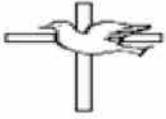
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ST HILDA'S CHURCH NEWS

It is really good to know that the Long Furrow magazine is going to continue and we send our good wishes to Dennis the temporary editor and to John who will take over from him in the new year.

Our Christmas Tree Festival is on Friday and Saturday 11/12 December. Opening times are 5 -9 p.m. on Friday and 10 - 4 on Saturday. We hope that lots of you will pop in to the church over the weekend to see the trees and stop to have a cup of tea or coffee and perhaps a mince pie. Lunches will be served on the Saturday. Also there will be several stalls in the hall and I am sure there will be some last minute Christmas present ideas. If you are going to see Santa at the village hall on the Friday evening, please come across to the church before you go home and bring the children to see the trees, they may even be able to show you their handiwork as the children from school and play schools decorate their own trees.

The Carol Service on Sunday 13 December brings the weekend to a close; starting with a bring and share tea at 4p.m. followed by the carols at 5pm. Also there will be Carol Singing at the shopping precinct on Saturday 19 Dec at 10 a.m. If you like singing carols why not come and join in, you will be very welcome.

Other Christmas Services this year are:-

All age Christmas celebration service on Christmas Eve at 3 p.m. Children are especially welcome to this

Christmas Day Service at 10 a.m.

After Christmas on Sunday 27 December there will be a Team Eucharist at Thrussington Church at 10 a.m. and there will be no service at St. Hilda's that morning.

May I take this very early opportunity to wish everyone a very happy Christmas from all of us at St. Hilda's.

Jane Mercy (church warden)

LOROS

Hospice Care for Leicester, Leicestershire & Rutland

Being there for you
and your family

Collector-Syston-Loros Lottery-Urgent-Can you help?

Want to meet people, get some exercise and help a local charity raise much needed funds? We urgently require a lottery collector to call four-weekly on a small, established round in Syston (Oxford Street area)

Would you or someone you know be interested in collecting LOROS Lottery subscriptions for us? Maybe you have just moved house and don't know anyone in your area? We are desperately looking for anyone with a couple of hours to spare. There is no cold calling involved and everyone on the round has indicated that they would like a collector to call. Most importantly, it is a very worthwhile way of supporting LOROS. Give Bree a call at the Lottery Office on (0116) 231 8430 if you would like to have an informal chat and find out more about becoming a LOROS Lottery Collector.

St Hilda's Christmas Tree festival

Hi everyone its that time of year again. The theme this year for anyone wishing to place a tree at the church centre is "animation", so get your thinking caps on and let me know if you wish a tree to be included. I know the church centre will look fantastic. You all really put your heart and soul into the decorating. Once again we are working with the village hall so please show your support for our village. You can contact me on the usual number 0116 2609088. As usual we will be serving light refreshments on the Friday night and morning coffee, light lunches and afternoon tea on the Saturday. I apologise in advance for not being open for viewing on the Sunday but you will get a chance if you come to the parish tea at 4 pm followed by the annual carol service at 5pm. Looking forward to seeing you all, may God grant us all a blessed time.

Tricia Marsland

Afternoon Tea

The church centre is open every Tuesday afternoon 2-4pm for anyone to come along have a cup of tea or coffee sit and chat and meet new friends. Some play card games and board games. It is a good opportunity to get out of your own four walls and meet folk. We also have a lunch together once a month at the church centre. If you would like more details please give me a call Tricia 2609088 or just turn up you will find a welcome and a cheery smile. Looking forward to seeing you.

Jessie, Tricia, Glenys, Dawn



The Parish Church of St. Hilda, East Goscote

Messy Church

Messy Craft
An hour of craft and other activities in the church hall

Messy Worship
A short time of celebration as we draw together everything we have been doing today.

Messy Meal
No need to rush home to feed the family, relax and eat with us.

- Messy Church involves the whole family.
- Messy Church is about creativity, fun and socialising.
- Children must be accompanied by adults.
- There is no charge for Messy Church although donations towards the materials and food cost are always welcome.

CELEBRATE JESUS

COME AND JOIN US
Everyone is welcome on the 2nd Thursday of the month.
Between 3.30 and 5.30pm

St Hilda's Church, Lingdale, East-Goscote. LE7 3QS
For more information please contact
Sally Lander on 0116 2694835
Mussarat Iqbal on 0116 2692555
Or send us an email at: mussaratjavid@aol.com

for design/print: contact@keyvisions.co.uk T: 0116 274 2001

Charity Crafters

We are a group of ladies who meet at the church centre every Tuesday evening to sit and knit crochet or sew. All our efforts are given to charity. We knit ventilator bonnets for LRI neonatal ,we knit teddies and cardigans for Intercare, we have also knitted mice for Battersea dog and cat home. So if you would like to learn to knit, or can knit, please come and join us and spend an enjoyable couple of hours knitting and chatting. Just turn up on a Tuesday evening. We also treat ourselves a couple of times a year and all go out for a meal together. The subs are £3 an evening which pays the rent for the room and helps to save for us going out for the meal and pays for the materials we use. We would love to see you.

Tricia

Your local Pharmacist says: "Tired Of Queuing For Your Prescriptions"

Join our free **Prescription Collection Service** and let us relieve you of the monthly or bi-monthly headache of ordering your regular, repeat medicines from your GP at East Goscote or at Syston Health Centre

No Parking problems . .there is plenty of space on the shops car park.

We can liaise between you, your carer, or your relative and the GP, to sort out your medication problems

Remember to qualify for your personalised Prescription Collection service you must register with us. Ask for details at the pharmacy

**East Goscote Pharmacy , 10 Merchants Common
East Goscote Tel 0116 260 6734**

What happened to the Lawnmower and the Barbecue!

Wow! How did that happen, seems like the barbecue has only just been put away and the grass cut for one last time, but the Christmas season is upon us once again. Hopefully the village will be anticipating the Parish Christmas celebration and Church Christmas tree festival to mark the start for real. In a survey from a couple of years ago, 83% agreed that Christmas is a about spending time with family and friends, 62% agreed that Christmas is a time when we should be generous to people less fortunate than ourselves. 41% agreed that Christmas is a about celebrating that God loves humanity. 24% disagreed with this. 40% said Christmas is a good excuse for taking time off and doesn't really have any meaning today but 34 % disagreed with this. So the results tell us that there is a real mix to peoples approach to Christmas and its meaning. Whichever of the statistics apply to you, particularly if you are in the 40% that think it has no special spiritual meaning, then I invite you to think afresh about what it could mean to you this year. As a Christian I think the verse from John's Gospel tells us most clearly why we celebrate Jesus' birth over 2000 years ago. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life." It is the time of the year we have chosen to celebrate that God met us through his Son and He invites us to get to know him and to understand that hope is just a short step of faith away. You would be most welcome to come to any of the Christmas services to celebrate once again Jesus' birth or to begin an exciting new journey of faith.

Wishing you a very Peaceful Christmas and a Happy New Year

Tim Day - Vicar of St Hilda's - East Goscote Parish Church

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aat



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THE GREENER GOSCOTE PAGE - NOVEMBER 2015

"RUMOURS OF MY DEATH ARE GREATLY EXAGGERATED" Mark Twain's words might well be applied to the Long Furrow. We live to fight on for at least another edition after this one but just in case, it might be a good idea to keep the Contact Us information below so that you know where to come for advice on green matters. In the next edition I will be looking at the food waste issue in depth.

COMPOSTING IN WINTER is always a slower and possibly less attractive prospect. If you can make any space in your composter by using the mature stuff (usually at the bottom) as a mulch around the borders etc, it's a worthwhile exercise. Look out for hibernating creatures in compost. I came across a lovely big toad which had buried itself at the bottom of a leaf cage last week. (I carefully covered him/her up with fresh leaves.) Nature will incorporate the mulch into your soil over winter and you will have capacity to carry on composting fruit and vegetable kitchen waste etc during the cold months. A good reason to locate your composter near to a path is so that you can access it in poor weather. A corrugated cardboard lining and bubble-wrap overcoat will help to stop the composter from freezing.



REFUSE AND RECYCLING AT CHRISTMAS (sorry) is fast approaching. Spare a thought for the men and women in Charnwood's Environmental Services Department and the Serco crews whose job it is to square the circle. Twice as much waste and recycling as normal, holidays and landfill site closures, bad weather, mechanical breakdowns and lack of vehicles for hire - just about everything adds up to a perfect storm. This year Christmas Day and New Year's Day fall on a Friday so we are bound to be affected. Check the Charnwood website nearer the time for details and look out for leaflets.

Also the various websites listed below will have loads of ideas for making Christmas a greener affair.

THE GREEN PLACE at 6 Cossington Road, Sileby is well worth a visit and so close that it will not cost the Earth. A little oasis of sustainability right on our doorstep. If you are interested in composting at home and a greener approach to managing household waste, you will find me there in Compost Corner most Friday afternoons. Drop by for a chat and check out the café, ethical gift shop and beautiful wildlife garden while you are there.

CONTACT US: Master Composters and Waste Action volunteers promote home composting and sustainable household waste management on behalf of the Leicestershire Waste Partnership made up of Leicestershire County Council and the seven Districts of Leicestershire with Leicester City Council as an associate member. For free, impartial information and advice on composting and recycling, contact David on 2600239, 07724891627 or david.cannon9@btinternet.com . **Other useful links:** www.lesswaste.org.uk , www.freeuseit.org , www.completewasters.co.uk , www.recyclenow.com , www.lovefoodhatewaste.com , www.leics.gov.uk , www.charnwood.gov.uk .



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Pilates Class

St Hilda's Church Hall
East Goscote

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Small group Pilates matwork classes suitable for all levels and abilities.

Beginners welcome!

A whole-body, no impact workout that stretches, straightens and strengthens, challenging your body like no other exercise.

For more info please contact Julia:

Tel: 07850 086637

E-mail: juliadebg@virginmedia.com

Cost £4 per session

BOOKING REQUIRED

Qualified Mat Pilates Instructor

Vicar school student in East Goscote and Thurmaston!



I'm Jo and I am studying at St John's College in Nottingham, (aka vicar school). I am as the clue suggests training to be a vicar in the Church of England! I am half way through my first two years of training and as part of that training I have been placed at the church here in East Goscote and in Thurmaston with your vicar, Revd Tim Day. So far I have mainly just been here on Sunday's but in September I had the chance to spend the month here.

It has been a real privilege to get to meet some of the people of East Goscote and Thurmaston, whether through church, Children's Groups, our work in the local schools, or through the baptisms and funerals which I have attended this month.

But what makes someone want to train to be a vicar? For me it was because I lost an argument with God!! I have been a Christian for many years but there was regularly that deep nagging voice, which time and time again I tried to ignore. If I couldn't ignore it then I would try and resolve the challenge by doing something else. Deep down though I knew that God wanted me to consider becoming a vicar and after a lot of discussion I agreed! As I tell my friends, you will never really win an argument with God. I believe that he is the one that created us and he knows what is best for us.

I wonder if you have ever heard that small, or loud, voice from God? Are you prepared to start a conversation with God? Why not? What have you got to lose? God isn't just in church, he is where you are! I guarantee if you are prepared to listen and talk with him you will be starting on an amazing adventure.

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TO DO THIS AT HOME...**



...DON'T DO IT ON OUR STREETS

DOG FOULING = £80 FINE

REPORT IT: tel: 01509 634564 email: cleaner.greener@charnwood.gov.uk
 @Charnwood BC www.charnwood.gov.uk/dontmuckaround2012



The Age UK shop in Syston is in need of volunteers to assist in the shop. Duties include sorting, labelling, steaming and till work. A friendly working environment and hours to suit. For more information, ring Linda on 0116 2696272

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Info@ajdaccountancy.co.uk for further informatfon.



A message from the police

Has anyone ever been cycling along a winding country lane, you've then had to take a sharp bend, lost control, cycled through a farm gateway and ended up in a dirty muddy duck pond ? . . . No, I nearly did once.

Have you ever been mowing the lawn sitting on your sit on lawn mower and going a little too fast when you suddenly realise you've mown down your wife's blooming daffodils?

No, but I've perhaps been tempted a few times

Have you ever been going down a hill on your roller skates, when a lamp post jumps out in front of you and you suddenly realise you have no brakes ? . . .No, I wouldn't recommend it.

Finally have you ever been hoovering around the home too quickly and caught the skirting boards, causing chips then having to get out a bottle of Tippex? . . .No, I tried, but never got away with it.

We regularly read in the papers, hear on the radio, or watch on television about road traffic accidents. You may see when out driving the aftermath of a traffic accident. There will often be Police, ambulance and fire service in attendance. Blue flashing lights and it can appear quite shocking. You will wonder if anyone's been injured or worse. If it's a motorway or main road any accident will usually cause lanes to be closed, cause delays and traffic jams. When we see this it causes us to feel sympathy for anyone injured and if it looks particularly serious it can be a wake up call of us and we naturally think more about our own driving skills.

It always saddens me when I become aware of people who have been tragically killed in a RTC (Road Traffic Collision) and the effect it has on relatives and their friends.

It is a fact that many RTC's occur due to poor driving skills, not reading and anticipating the road ahead. People can be seen eating an apple, chocolate bar or drinking from a can whilst driving along. These are things that drivers should NEVER do. Both hands should be on the steering wheel and totally focussing on their driving. A lapse in concentration could cause you to make an error which in turn could cause an accident.

The Police often receive complaints about motorists exceeding speed limits. It can be difficult to judge if a vehicle is exceeding 30mph by say 2-3 mph. It is fair to say that drivers will knowingly exceed national speed limits this is regardless of whether they are in a hurry to get their destination or not.

(goto p.22)

DO NOT EXCEED THE 30MPH SPEED LIMIT AROUND LONG FURROW AND ALL THE ROADS WITH IN - LETS KEEP EAST GOSCOTE FREE OF SPEEDING DRIVERS – THANK YOU.

30mph speed limit is used mainly in urban areas and villages and wherever you see street lights unless otherwise stated.

The 40 and 50mph limits are mainly used in non-built up areas and where the national speed limit is not appropriate.

The national speed limit for most vehicles is 60mph on single carriageway roads and 70mph on dual carriageways and motorways.

I ask that all you motorists out there respect the national speed limits and accept that they are there for a very good reason. I cannot believe that any driver would put themselves, their passengers, fellow drivers, pedestrians IN DANGER by driving their vehicle whilst using a mobile phone. But they still do knowing that they are breaking the law.

Please don't be distracted by doing something which you know you shouldn't whilst driving. Totally concentrate on your driving; that way I KNOW that county and countrywide there would be a significant reduction in RTC's.

Let's keep the roads safe for everyone.

Keep safe & be safe,

Pcso 6507 Brian Geeson,

A Message to the Neighbourhood Watch Co-ordinator from the Police

Dear Ellen,

The Police have quite recently received a number of calls about incidents of damage and ASB in the areas of Merchants Common and Fleury court. You may even be aware that we received 2 calls suggesting that a male had been seen with a firearm on two separate nights which resulted in specialist officers attending the area late at night. This resulted in the residents feeling less safe about living in the area.

We are treating some as hoax calls with enquires ongoing to deal swiftly with the perpetrators of the hoax calls.

There has just been reported a burglary at an address in Huntsman's Dale. Overnight from Sat 17th to 18th October a property was entered whilst the occupants were asleep upstairs through an unlocked patio door. The occupants weren't aware till Sunday morning when they went downstairs.

In the run up to Christmas there could be an increased amount of opportunist thieves out at night looking for unlocked doors and windows Inc car doors etc.

Please would you pass out a message through NHW to warn residents of the possible outcomes of being lax in their security?

Kind regards,
Brian.

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www.tetsudo.co.uk

East Goscote CLUB

Syston Rugby Club, Barkby Rd

Queniborough, Leicestershire, LE7 3FE

Instructor: Ustad Bill Hughes

Monday: 19:30 - 21:00

Email: bill.hughes@tetadmin.co.uk

Mobile: 0772 589 7387

Wheelchairs

Let me begin this article by saying "Thank You" to all those residents of East Goscote who actually park in their own driveways (as opposed to half on the pavement/half on the road), and to those of you who regularly tidy up the overspill of stones from your driveways which gather on the pavement. You have no idea how much easier it makes wheelchair operation, and how appreciative the operators of these contraptions are.

There are two Care Homes on East Goscote and quite often the relatives of the residents like to take them out for a change of scenery. Being new to this, my mother and I decided we would take my Dad out in a wheelchair around Goscote for what we thought would be a leisurely excursion.

We had not ventured far when we encountered the first lot of slopes where some 'muppets' had decided to park their vans across them. This might sound like a mild inconvenience but trying to manoeuvre a fully laden wheelchair up and down kerbs is no easy task let me tell you. We ended up having to trundle along the main road on numerous occasions, with cars whizzing by us - we were an accident waiting to happen.....

Another 'bone of contention' is the amount of stones littered across the pavements, making manoeuvrability of a wheelchair virtually impossible and making it extremely uncomfortable for my poor old Dad who alas has very little 'padding' in his nether region.

Whilst I can appreciate that stones in driveways are cheaper than block-paving etc, there is no excuse for leaving the pavement littered with those stones (who would I sue I wonder if I tripped and broke my ankle? or my father tipped out of his wheelchair?)

I have only attempted this traumatic trip once, because I ended up with a bad back the next day, which is a shame for my Dad who seldom gets to go out now. I pity the Care Home Staff who must encounter these problems on a regular basis, taking patients to the Medical Centre or the Chemist etc., so please spare a thought for them - it could be **your** relative residing there one of these days.

As an East Goscote resident **your** actions have consequences even if you are unaware of them, so please be a bit more considerate to us 'old codgers', struggling with wheelchairs that appear to have a life of their own....Thank you

NEW MOBILE APP – East Goscote Parish Council



We're excited to announce the launch of the new Parish Council app for East Goscote.

Why a parish app?

It's a fact that more adults use mobile apps and access the internet from mobile devices; this inspired the Parish Council to harness the power of mobile in providing information and services that are more accessible and convenient for all.

The app will be interactive with key functions to allow access to information 'on demand', so residents can engage with parish representatives and the local community, whilst 'on the go' or in the comfort of their own home.

In essence the Parish app is a great opportunity for residents to connect, be informed, book facilities, share news and promote local events, bringing the community together.

Great features include the ability to instantly submit a photo via the app of local events or report issues in your community. Stay in the loop with instant notifications of local news and events. Also, stay updated with what's going on at the village hall.

The app also allows you to view council meetings, planning applications, village contacts and read copies of our Long Furrow magazine, plus much more.

Download the app now... spread the word and get connected!

Main Features of the Parish App

-  **Events** – Information on local events
-  **Notifications** – News & event alerts
-  **Photo** – Submit photos of issues & events
-  **Council** - meetings, agendas & reports
-  **Bookings** – Live Tennis court booking
-  **Info** – Local news, facilities, planning, etc
-  **Forms** – Bookings, fault reporting, etc

Plus many more features...

Any suggestions let us know via the app!

“Better communication leads to better communities. Engaging in local events, sharing news and ideas, helps make a better neighbourhood.”

DOWNLOAD THE PARISH APP

SEARCH “EAST GOSCOTE PARISH COUNCIL”



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Visit: www.eastgoscote.leicestershireparishcouncils.org

EAST GOSCOTE PARISH COUNCIL NEWS

New Councillors

At the July meeting, the Parish Council co-opted three new members; Kevin Preston. Elaine Garner and Roger Merry-Howe. Unfortunately there was no place for Harold Sreaton.

Tennis Court

The Tennis Court is proving very popular. At the time of writing, over forty keys have been distributed.

The court was officially opened by pupils of Broomfield school on October 27th. 2015. The Leicester Mercury and Syston News were both present so we will see articles in both.

East Goscote Parish Council App

Booking the Tennis Court has now become easier. The Parish Council now has an app which went live at the end of October. Other information on the App includes your councillors, village events and village hall bookings. There is more information elsewhere in this edition of Long Furrow.

Village Green Play Area

Unfortunately the plans to replace the 10+ year old wooden play equipment in this area has been delayed. This equipment is cracked, splintering and, in some places, rotting and is generally becoming unsafe. Quotes from three contractors have been submitted to the council but it is felt that they are not good value for money. Further quotes are being sought.

Anti Social Behaviour

There have recently been some problems around Fleury Court. On one occasion a helicopter and four police cars were called. Some arrests were made after this incident. If you are aware of any trouble in this area or, indeed anywhere in the village, don't wait for someone else to contact the police, do it yourself.

Bus Shelters

Leicestershire are to place two bus shelters on Melton Road near the Rearsby Roses development. Finance for these will be from Section 106 money from David Wilson Homes.

The bus shelter by the brook has been replaced by the Parish Council. This is the oldest bus shelter in the village.

The bus shelter adjacent to Swallows Dale has now been satisfactorily rebuilt after the original contractor's team made a poor attempt of putting it together.

Christmas Event

The annual Christmas event will take place on December 11th this year. As usual, it will take place in the Village Hall and on the grassed area adjacent.

John Malpus

A Huge Thankyou from Mind Charity Shop, Melton Road



Over the last 6 months

*Local volunteers have given 3,015 hours of their time to Mind shop Syston

*2,057 donors have dropped off 4,648 bags of stock.

*10,626 customers have bought 17,278 items .

*15,914kilos of materials have been diverted from landfill and either sold or recycled instead.

*Remember even clothes/bedding soiled or damaged can still be donated just label as Rag when donating and we can recycle and still raise money for mind

*We are now on twitter so please feel free to follow us @mindshopsyston and keep up to date with latest promotions and news

YOUR SUPPORT IS FANTASTIC.THANKS TO YOUR GENEROSITY WE CAN CONTINUE TO MAKE SURE NO ONE HAS TO FACE MENTAL HEALTH PROBLEM ALONE.

County Councillor Report

A Proposal by the County Council to charge an annual fee for arranging care and support for self-funders other than those in a residential or nursing home setting.

The proposal is to charge an annual fee of £236 (that would be £18.15 invoiced every 4 weeks) for arranging Adult Social Care and support for self-funders other than those in a residential or nursing home setting.

It falls in line with the Care Act which gives Council's the power to charge for arranging non-residential care. (An additional £100,000 or more per year might be generated to reinvest in ASC - it will obviously depend on the take up)

This could affect around 800 people who are not eligible for support from the County Council because their capital and assets are over the upper capital limit, currently set at £23,250. All service users will receive a consultation questionnaire and will have access to a phone number to discuss the consultation.

Some other Council's charge a lot more for example Richmond £2,500.

For example; Mrs P is 87 years old and lives alone in her own home. She had a stroke last year and receives eight hours of home care support each week, which is arranged by the County Council.

Mrs P has savings of £40,000 in a building society account. The amount of her savings means she is classed as a self-funder. Mrs P is charged £14.67 per hour for her home care. She receives an invoice from the County Council every four weeks.

Currently Mrs P pays the County Council £469.44 every four weeks (32 hours of home care at £14.67 per hour).

If the arrangement fee is introduced £18.15 would be added to each invoice that Mrs P receives. Mrs P would pay the County Council £487.59 every four weeks (£469.44 for her home care and £18.15 for the arrangement fee).

One important point is that it's an offer to arrange support; people can decide not to pay the fee and arrange their own care if that's what they prefer.

So Mrs P could decide to make her own private arrangement with her home care provider and wouldn't have contact with the County Council anymore. Mrs P would not pay the arrangement fee but the hourly rate she pays to her provider may be different. The public consultation runs from 23rd Sept. to 18th Nov.

Lastly may I wish all your readers a Merry Christmas and Happy New Year.

Leicestershire County Councillor Dave Houseman

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If you use these services, please mention the Long Furrow		



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*The reason
for
the season?*

Which way now?



YOUR BACK PAGE

On this page is a list of village contacts that is certainly not complete and in some cases out of date. Updating it is up to you. If you are a member of a group which is providing a service to the community, please let us have up to date details (contact Dennis on 2607410). Organisations whose primary aim is profit can purchase an ad. for a few pounds and be listed with our other advertisers.

Organisation	Person	Telephone	Organisation	Person	Telephone
Afternoon Tea	Tricia Marsland	0116 2609088	Long Furrow Editor	Dennis Bishop	0116 2607410
ATC Fg Officer	Andy Kenyon	0773 6302179	Long Furrow Adverts	Dennis Bishop	0116 2607410
Boys Brigade	Jeff Matthews	01664 850795	Mahavir Medical Centre	Dr B Shah	0845 0450381
BB Jnr Section	Jean Bates	0116 2606723	Messy Church	Sally Lander	0116 2694835
Beavers	Johanne Draycott	0798 1101644	Neighbourhood Watch	Ellen Hewitt	0116 2608224
Beedles Lake Golf Club		0116 2606759	Pharmacy	Arvind Patel	0116 2606734
Borough Councillor	Cathy Duffy	0116 2929419	Sim's (ex plough)		0116 2603388
Brownies	Rosemary Fraser	0116 2602912	Police (Syston)		2222222
Broomfield School		0116 2606704	Post Office		0116 2606236
Bizzy Bees Pre School	Helen Batson	0797 1274405	Rainbow Guides	Sue Bowles	0116 2375475
Charnwood B. Council		01509 263151	Charnwood Recycling & Composting		01509 634563
Charnwood W. I.	Sharon Burditt	0771 2468580	Scout Group/Hut	Steve Round	0116 2607774
Cubs	Jayne Disney	0116 2608786	Scouts	Scouts	0116 2602018
Country Western Dance		01949 881502	St Hilda's Bookings	Tricia Marsland	0116 2609088
Daisy Chain		01949 881502	St Hilda's Vicar	Rev Tim Day	0116 3486896
MP	Stephen Dorrell	0116 2608609	Syston Bowling Club		0116 2692105
E G Parish Council	Liz Pizer	0116 2602202	Syston Catholic Church	Fr. Anthony Pateman	0116 2608476
E.G. Village Preschool	Sally Lander	0116 2694835	Syston Methodist Church	Rev David Warnock	0116 2607626
E.G United FC			Syston Model Railway	Chris Leach	0116 2605760
Club Chairman	Tom Borland	07801535040	Syston Volunteers	Kathleen Sommerfield	0116 2607888
U7's Manager	Jon Day	07794973216	Tree Warden	June Kyle	0116 2607848
U8's Manager	Tom Borland	07801535040	Twinning Association	Eileen Ellis	0116 2605933
U10's manager	Nick Clayton	07745546850	Village Hall Bookings		
U11's Girls Manager	Simon Riley	07903378614	Waste Action/Compost	David Cannon	0116 2606773
U13's Girls Manager	Paul Kirk	07860585056	Wreake Runners	Matthew Noble	0770 8021436
Friends of Broomfield	Debbie Cottam	0791 9092341	Wreake Valley Lions	Mrs C Grimes	0116 2608412
Friendship Club	Gill Morton	0116 2601977	Wreake Valley Rotary Club	John Squire	0116 2592788
Guides	Julia Bolton	0116 2608524	Wreake Valley Youth Club	Carol Baxter	0116 2608858
LCC Councillor	Dave Houseman	0116 2600848	Village Faults/Emergences		0790 8504757
LCC Mountsorrel Tip Library		0116 3050001			



The Parish Council Offices are at the side of the Village Hall
 Monday 09.30 to 12.30 hrs
 Tuesday 09.30 to 15.00 hrs
 Wednesday. . . Closed
 Thursday 09.30 to 12.30 hrs
 FridayClosed

LONG FURROW
EMAIL ADDRESS:
long_furrow@yahoo.co.uk

Website address: eastgoscote.leicestershireparishcouncils.org