

# August 2013

# Long Furrow



DATE JUNE 88

OUR QUARTERLY NEWSLETTER

ISSUE NO. 1

## PROPERTY PRICES IN EAST GOSCOTE SET TO RISE BY 30%?

East Goscote property prices are consistently lower than surrounding villages and to my memory always have been. Why should this be so when compared to other villages in the locality we have so much more to offer.

You may say that East Goscote is not as quaint as Queniborough or Rearsby without the history or antiquity. This is certainly true but the former over recent years has rapidly expanded with new developments and is now only a stones throw away from our boundary or one small field to be more precise. Could the village of Queniborough soon be mounting a final assault to connect our two villages, perhaps not. I am sure they would consider any sort of connection a loss of identity. This is of course if they still have one. These new developments are but a disassembled collection of small housing estates and any character it once had may soon be swallowed up by them.

Rearsby on the other hand in my view certainly has an identity as anyone who travels along the A607 will know. It is dogged with traffic and must have the dubious honour of having one of the most dangerous junctions along this road which is swollen with traffic particularly when the large engineering complex on its outskirts changes shift. They must be praying for the day when the long awaited bypass relieves them of this varicose vein.

CONTINUED ON PAGE 2



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**LONG FURROW** is published by the editorial panel  
made up of residents of East Goscote

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## COPY DEADLINE

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## ADVERTISING

Until further notice, we will charge £8 for our smallest ad (one eighth of a page). The cost of other size adverts are: £15 per 1/4 page, £30 per 1/2 page and £55 per full page. If you pay for 4 issues in advance, a 10% discount will be given. Dennis Bishop on 0116 2607410 will be able to provide further information on advertising in LONG FURROW. Circulation of the magazine is currently 1200 copies delivered free to all business and residential addresses in East Goscote.

As usual, we are publishing a list of advertisers who support LONG FURROW; please give them your support. When using these businesses, please tell them that you have seen their ads in the magazine. Some advertisers have expressed satisfaction at the support given to them by our readers, thank you!

## Editorial

Welcome to the Autumn edition of Long Furrow, which will be the last issue with me as editor. If you are interested in finding out what is involved, and would like to consider taking on this voluntary contribution to village life, then please contact any member of the Editorial Panel. The Long Furrow magazine started life 25 years ago, and we would like to see it continue. There is an interesting history of the village magazine, on page 5. The technology has changed a bit since the early days, and is now produced with the help of computer desktop publishers, and email for sending in articles. If you have the time and the interest, then it may be for you !

There are some interesting articles from previous issues, including the fascination with the "mound" (see page 7), and some interesting, war time?, recollections of life in this area (page 13). Some people even have almost complete copies of the Long Furrow from its first issue !

I notice the article from the police, says that we have a peaceful village . I hope you think so as well ! I have heard it said that this is one of the reasons East Goscote houses sell fairly easily at the moment. Perhaps also we have the added advantage of a complete set of amenities, and a regular bus service. Being fairly flat makes it suitable for pushchairs and wheelchairs. Being close to the countryside, as well as having easy access to towns is a bonus. What do you think?

Nothing is perfect, and, of course, there is much room for improvement. The Greener Goscote article (page 26) regularly reminds us how to cope with waste, and on another level, the renewal of the Neighbourhood Watch scheme (page 24) will enhance the feeling of being a village community. There are many ways to be involved, and as you read through the following pages I hope you feel encouraged to be involved in, and be a member of, the East Goscote village community.

Dennis Bishop

Long Furrow retains the right to edit or refuse articles if it is deemed necessary. Anonymous items will not be published unless details of the writer are made known confidentially to the editor of Long Furrow.

The views expressed in Long Furrow are those of the contributors and do not necessarily represent those of the editorial panel.

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## **Long Furrow Editor Vacancy**

The Long Furrow editor is withdrawing from his position as editor.

So . . . .

Are you computer literate, able to use desktop publishing software? Are you able to devote some time to produce this magazine, on a voluntary basis, every 3 months? If so your community needs you.

Please contact any member of the committee (on page 3) if interested.



## LONG FURROW HISTORY

In the late 60s Rev Dudley Gummer and Stewart Walker started to publish Community News, a community magazine for East Goscote. It was published 6 times per year. Unfortunately, due to costs , the last edition if Community News was published in 1982. The magazine was missed and the subject of a replacement was raised several times to no avail until 1988.

The first edition of Long Furrow was published in June 1988 - 25 years ago. The editorial panel was Nigel Richardson, Ron Jenkins, Chris Peel, Halina Richardson and Jeanette Peel. They were assisted by Lynn Palmer. The Magazine was put together by typing articles and then cutting them out and pasting them in to another sheet of paper. The ads were photocopied and transferred to the copy in the same way as the text. The whole thing was then photocopied and stapled at Wreake Valley College. This was a time consuming exercise!

Since then the magazine has evolved under successive editors - Lynn Palmer, David Cannon, John Malpus and Dennis Bishop - into the publication you are reading now. It is surprising that there have only been five editors over this 25 year period. Over the last 25 years many other residents of the village have assisted with the magazine and we would like to thank them all.

Unfortunately, this may be the penultimate edition of Long Furrow as Dennis Bishop has resigned as editor and no one has come forward to take his place.

## Have you experienced the new Leicester Royal Infirmary A&E reception point?

If so, we want to hear from you.

Turn to page 8. . . .

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The following two items appeared in the first edition of LONG FURROW in June 1988. These stories were picked up by some of the national tabloids .

## MYSTERY OF THE MOUNDS – A LONG FURROW EXCLUSIVE

Rumours have always circulated with regard to the use of the mounds both past and present. Recent speculation concerning this Shroud of Mystery has unearthed some new trains of thought.

The eminent and highly respected Professor of Strategic Studies at the World famous Berne Institute, Dr. Paul Rastein, has claimed that many top secret projects are currently taking place at various underground locations throughout the Member States of N.A.T.O. and that obvious locations would be within existing bunkers left from the 2nd World War, which as we all know is what the Mounds were.

To add strength to these claims many reports have been received from villagers with regards to some very strange phenomenon over recent years. Listed here are but a few:-

Low Flying Aircraft which seem to be more prevalent during the hours of darkness, all seeming to be using the Mounds as some sort of Trigonometrical Point or even as a Directional Beacon.

Other unconfirmed reports mention a low humming noise emanating from the area of the Mounds also through the early hours.

It seems rather peculiar that during the winter months snow does not appear to remain on the Mounds but melts rather more quickly than other parts of the village could this be down to the fact that some form of heat generation is taking place down there?

In conjunction with this, many of us are experiencing persistently flashing street lights even after regular servicing. It seems that this particularly bad in East Goscote. So far the authorities have been unable to come up with any long term solutions.

It has been spelt out by the water authority that the unpleasant smells we are often confronted with have nothing to do with the local sewage works and reported problems with the gas supply have been cleared by the gas board as nothing to do with them; although recently they were spending an awful lot of time digging up Broome Avenue again through the small hours only. As the sewage works are soon to be removed and if these problems still persist where do we look for the cause? The mound!

Perhaps you remember that during 1987 the county council, for some unknown reason, suddenly decided to resurface part of Long Furrow. Could the reason for this (a phenomenon in itself) be as a result of some form of heavy tracked vehicle (as some unconfirmed sightings have it) causing structural damage to the road not immediately apparent on the surface? Couple this with the resurfacing of the driveway and car park to the

Pavilion and the mind starts to boggle.

Add to this the recent and regular sightings of aircraft alighting from the playing fields, with the appearance of a hot air balloon, at what must be considered an odd hour, if we are to understand that it is for pleasure..

How many times a night your lights go dim or seem to be very bright? Only sudden changes in local demand on the electricity can be the cause.

The last few years has seen the area hit by earth tremors for which no logical explanation has been given or even where they emanated from; we are just left to wonder.

Why did your Parish Council have to very quickly rush to attend to what was in effect some sort of subsidence which opened up an apparent non existent entrance?

Lets ask ourselves is there anything going on or is it supposition? If you have any information however insignificant you may think it is, please pass it on!!!

## EAST GOSCOTE MOUNDS SHROUDED IN MYSTERY (A letter to the editor)

Dear Editor, I hope you dont mind me writing to you as I don't live on East Goscote but have worked there for many years. As I understand you are producing some sort of Newsletter for the village, so I thought you may wish to include some of my experiences. For reasons I will later explain I do not want to be identified. Suffice it to say I do know the village very well as my work takes me all over the village in the early morning when very few people are about.

Apart from the well known reputation East Goscote has for Nocturnal happenings which is certainly true, many other watched unexplained have occurred which, over the years I have recorded in my diary. The strangest of these, which I have witnessed many times, is an apparent shaft of light which emits from the top of the hills, on odd occasions I have ran to the top only to find that nothing is there when I have reached the summit.

Also in this area I frequently feel I am being watched and on one occassion I actually saw 2 people looking down on me, I shouted at them and ran after them but they just completely dissapeared.I know that I cannot be the only person to have experienced this or seen the light but you will now see my reason for not wanting to disclose my name as I would surely be regarded as some sort of crank, and I can assure you I am not!

I have over the years recorded a long list of sightings and experiences, the last of which was the other Friday morning. I would be extremely interested to know if any of your readers have had similar experiences.

EDITORS NOTE: It is not normal procedure to publish unsigned letters but in this case we feel that this item ought to be brought to local attention.



We are in urgent need of several volunteers to be part of the team that distributes the magazines to houses in East Goscote. Each round is usually about 50 houses, and takes about 30 to 45 minutes. If you can help please contact any of the Editorial Panel , shown on page 3

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from page 5 . . .

Last month University Hospitals Leicester (UHL) implemented the new single urgent care and A&E reception point at Leicester Royal Infirmary (LRI).

All adult patients who arrive on foot for A&E and the Urgent Care Centre now enter a new emergency reception point.

On arrival patients are triaged by a nurse, to make sure they receive their treatment in the most appropriate place for their condition. UHL hopes that these changes will improve capacity and waiting times at LRI A&E.

Healthwatch Leicestershire wants to hear from county residents that have visited A&E at LRI since 17 July 2013.

We want to know:

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- How long did you have to wait?
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We hope you are all enjoying your summer holidays as much as we are, it makes a change to have some fantastic weather/sunshine.

As usual we had a very bizzzy summer term with lots of exciting activities going on. They say you should never work with children and animals! but we have just done this. We had a wonderful time with visits from Brooksby Melton College with their array of animals and a visit from Benjamin's chicks from his home. They arrived in a large box and the children thought this was very funny when they tried to escape !! During these activities it was wonderful to see the children's faces and hearing the questions that they asked told us this proved to be very worthwhile. Our thanks go to both parties for taking time out to visit us.



This hands on experience enriched the children's learning. During the term we held our annual "Bizzy Bees Sports Day" on Broomfield School sports field and again what a turnout from family and friends who came to support the children (our future Olympians !!!)

The term ended on a sweet / sour note as we sang our Happy Goodbyes to all of our leavers who will move on to their new BIG school !! (We wish all our leavers the very best with

their continued learning).

As we continue to bask in our lovely climate, we look forward to an exciting new Autumn term, welcoming children back with our new recruits.

Bye for now.....

Dianne , Helen, Karen, Sarah, Tasha, Lisa and Jayne.

#### Give your threadbare sheets and faded curtains a new lease of life and support Rainbows

Rainbows Hospice is encouraging people to donate textiles and fabrics to its shops in Matlock, Melton and Blaby where it will give them a second life.

As well as the community donating unwanted clothes and household goods to its shops, Rainbows Hospice for Children and Young People in the East Midlands is calling for threadbare sheets, worn out towels and faded curtains.

Rainbows can give the items a new life by sending them to a recycling merchant, where they are shipped to other countries or made in to new garments.

Although each individual item may only be worth pennies, they are a valuable source of income for Rainbows. Last month, recyclable items donated to Rainbows shops in Matlock, Blaby and Melton raised £1,400 for the hospice.

Providing care to more than 260 families, Rainbows is the only hospice in the East Midlands that delivers support to children and young people with life-limited illnesses. Its team of medical professionals and specialists help relieve symptoms; improve quality of life; and care for children until the end as well as supporting parents and siblings through their bereavement.

To donate unwanted items, simply take them to a Rainbows shop or visit [www.rainbows.co.uk/shops](http://www.rainbows.co.uk/shops) for more information.

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It is a while since my last article in Long Furrow and the unit continues to be busy.

The Rainbows have been working on a Rainbows roundabout

badge which has involved having a Japanese doll festival where the girls brought in their favourite dolls and tried Japanese crafts/cakes. We went on a nature trail and had a bubbles evening. We did some finger painting cards and did some sewing to make coin purses. The girls were presented with their badges at the end of term. We joined Queniborough and Rearsby Rainbows for our annual sports day and ended the term with an indoor beach party.

We have said goodbye to five Rainbows at the end of term –Alexandra, Connie, Charlotte, Erin and Ruby, we wish them well as they move on to Brownies. We welcomed Lilia, Grace, Kelsie and Isabelle to join our unit in April.

Due to the unusually large number of Girls that have left us at the end of the spring and summer terms to move onto brownies we now have spaces in September for girls to join the unit. If your daughter is age 5 or 6 and would like to join, please register interest on the girlguidingUK website (follow the register interest link and complete the form-this will then be passed onto me and I will be in touch)

Thanks for your continued support  
Have a great summer!

Sue Bowles (Cedar) Tel 2375475 for enquiries  
Helen(Pear), Mel,sunflower and Rose



Did you know? . . .

Dundee, Hull, Leicester and Swansea Bay have made the shortlist to become the UK's second City of Culture in 2017. . .the result will be decided in November.

The four are hoping the title could bring major arts events, media attention and economic regeneration.

Leicester Profile:

Local stars: David and Richard Attenborough, Engelbert Humperdinck.

Cultural landmarks: The Curve Theatre opened in 2008 at a cost of £61m - more than double the original budget. The University of Leicester will open its new contemporary arts venue in early 2015.

Plans: "We want to shine the spotlight on our city's diversity and heritage by setting an ambitious programme of activities and events that challenge ourselves, and our ideas of culture, community and creativity."

[www.leicester2017.co.uk/](http://www.leicester2017.co.uk/)



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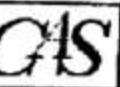
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## This letter appeared in the Autumn 1991 edition of Long Furrow.

Congratulations to the people in the parish of East Goscote in their Silver Jubilee year from an ex-ATS and former inmate of 'F' Coy Riverside House Ordinance Depot at Syston. I read with great interest the story of East Goscote in the May issue of 'The Long Furrow'. I have visited the small church towards Rearsby; at the time I thought it was an old English building. It was also interesting to read about the connection between Alfred the Great and East Goscote (871-901). Your parish seems to be an exciting place to live, full of activity with a feeling of concern and thought for the person living next door.

Such feeling and concern were always in abundance at Riverside House, although competition was tough. A high standard was arrived at in each individual barrack room: each room went under the name of a British general – such as Alexander, Monty, Wingate and Auchinleck – so it was of great importance that we upheld their tradition and followed in their footsteps. We depended on each other like a close-knit family. This was one of the main features I missed after my service life.

I was one of the especially lucky ones: I was befriended by a Syston family, Mr and Mrs Toon, of Barkby Road, who made me one of the family and I spent many 'Happy' hours by their fireside; in fact, they were almost like a second Mum and Dad to me, and I still keep in contact with the family even now. Amid tears and laughter they looked after me during my stay at 'F' Coy, and I look back on those days as an education I am pleased to remember. I learnt the hard way, but we also had lots of fun. Past Riverside House there flowed a brook where we could paddle and splash about on a hot day. Some times, on very hot days, our water supply was only a trickle. And it was a long walk to the village in Syston if you were due back on duty soon.

One other high spot of our week was a visit to the local cinema. The manager would allow a concession for HM forces in uniform. We only had to pay sixpence. With what we saved on the entrance fee, we bought a cup of tea and a spam sandwich at the Church Hall. They cost one old penny each, but oh, how good those mouthfuls tasted. Those gallant ladies from Syston were hard-worked, but they always had a smile and a warm 'hello.' for you.

I have lots of memories – enough to write a book on Leicester. One that I treasure was when I was chosen to parade for their Majesties the King and Queen in November 1946, just days before my demob. The ceremony took place outside the typewriter factory. Twelve auxiliaries were chosen from 500. I was one of those twelve. It was a real 'spit and polish affair'.

When I and some of my friends, also ex-ATS 'F' Coy, meet up, our conversation dwells on our Queniborough days; we remember D-Day and think of our friends who never returned. As for the Syston people themselves, I only hope that I have been able to return in some small measure to others the help and kind words I received from those Syston people I have met.

Good Luck and God bless you all

Mrs Lavinia Porter

### There should be a Will – and there is a way!

Most people appreciate that it is extremely important to make a Will, but either never get round to it or continue to put it off as something to do when they're older. Inertia means that 7 out of 10 people die without a Will, leaving their nearest and dearest to sort out who gets their money and property – or worse; it all goes to the Crown. To help local people ensure they have a valid Will in place, we have arranged with twenty four local Solicitors to reduce their Will Writing charges for the over 50's during September and October. A single, uncomplicated Will costs just £35 + VAT during this period which is a huge saving of around £100 on the normal cost.

There's been a huge response in earlier years - with hundreds of people gaining peace of mind by writing their Will during our campaign and many generously choose to recognise needy and vulnerable local people by supporting our work through a legacy or donation. Some of our solicitors are prepared to visit clients in their own home.  
Don't miss this opportunity to put matters straight!  
For details of participating Solicitors in your local area, contact Age UK Leicester Shire & Rutland on 0116 2992233. .... [www.ageuk.org.uk/leics](http://www.ageuk.org.uk/leics)





## ST HILDA'S CHURCH NEWS

We have been without our vicar Javaid Iqbal now for the last 3 months. He has settled in very well in his new parish at Radlett in Hertfordshire. People from St. Michael's and St. Hilda's filled a coach and went to his Installation service in May. We were made very welcome and refreshments were laid on for us before and after the service. We presented Javaid with an album of photographs taken during his time with us. One of the nice things about an interregnum is that we get to meet a variety of different vicars taking our Sunday services. If all goes to plan we are hoping that we shall have a new vicar in place at the beginning of 2014.

There is a new curate living in the vicarage next to the church. We welcome Jackie and her family to East Goscote and although she will be attached to St. Peter's and St. Paul's, Syston, we hope she will be popping in to see us from time to time.

I hope many of you were able to participate in the Scarecrow Walk at the end of June. There were some brilliant entries again this year and many thanks to all those people who worked so hard on their scarecrows.

Our Harvest Festival this year is 21 and 22 September. On the Saturday evening there is a Harvest Supper and musical entertainment from the Little Big Band and the Harvest Family Service on Sunday morning at 9.30 a.m. You will be very welcome to join us at either or both of these events.

Jane Mercy - Church Warden.

### 2013 CHRISTMAS TREE FESTIVAL

13TH 14TH 15TH DECEMBER  
FRIDAY 6PM  
SATURDAY 10.30AM - 3.30PM  
SUNDAY 2PM

**THE THEME THIS YEAR IS CELEBRATIONS**

**PLEASE CONTACT TRICIA MARSLAND  
IF YOU WOULD LIKE TO DISPLAY A TREE  
THIS YEAR.**

**AS USUAL WE WILL BE HAVING STALLS ON  
FRIDAY NIGHT AND ALL DAY SATURDAY  
REFRESHMENTS  
LUNCHES ON SATURDAY  
AFTERNOON TEAS**

**THE CHARITY CHOICE HAS NOT YET BEEN DECIDED I WILL LET YOU ALL KNOW AS  
SOON AS POSSIBLE**

**ONCE AGAIN I KNOW YOU WILL AMAZE ME**

The Parish Church of  
St. Hilda, East Goscote



# Messy Church



## Messy Craft

An hour of craft and other activities in the church hall



## Messy Worship

A short time of celebration as we draw together everything we have been doing today.

## Messy Meal

No need to rush home to feed the family, relax and eat with us.

- Messy Church involves the whole family.
- Messy Church is about creativity, fun and socialising.
- Children must be accompanied by adults.
- There is no charge for Messy Church although donations towards the materials and food cost are always welcome.

We look forward to seeing you

St Hilda's Church, Lingdale, East-Goscote, LE7 3QS

For more information please contact

Sally Lander on 0116 2694835

Mussaraf Iqbal on 0116 2692555

Or send us an email at: [mussarafiqbal@aol.com](mailto:mussarafiqbal@aol.com)

## COME AND JOIN US

**Everyone is welcome  
on the 2nd Thursday  
of the month.**

**between 3.30 and 5.30pm**

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Adam Longley MAAFT is licensed and registered by the Association of Accounting Technicians to provide services in accordance with issue n. 3396, details of which are displayed at the address above.



## Pilates Class

St Hilda's Church Hall  
East Goscote

**MONDAY from 19.30 - 20.20 hrs**

Small group Pilates matwork classes suitable  
for all levels and abilities.

Beginners welcome!

A whole-body, no impact workout that  
stretches, strengthens and strengthens,  
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**Tel:** 07850 086637

**E-mail:** [juliadebg@virginmedia.com](mailto:juliadebg@virginmedia.com)

Cost £4 per session

**BOOKING REQUIRED**

Qualified Mat Pilates Instructor



**I.C.**



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# SCARECROW TRAIL 2013

Gill and Tricia would like to thank everybody who took the time and effort to join in and make a scarecrow. We raised £230 for Lizzie Pye a young girl who is trying to raise money to go out to Kenya and help at a school there next year. Also a very big thank you to Natalie Palfryman for the magnificent display on her front garden. She has raised a fantastic £265.05 with her show. All this money will go to Air Ambulance. We had a fantastic weekend despite the weather.



## East Goscote Pharmacy

10 Merchants Common, East Goscote, Leicester, LE7 3XR

Telephone & Fax 0116 260 6734 , Email east.goscole.pharmacy@npnct.co.uk

## **Opening Times**

**Monday, Tuesday, Wednesday, Friday**  
9.00am to 6.00pm  
**Closed for Lunch 1:00pm to 2:00pm**  
**Thursday & Saturday**  
9.00am to 1.00pm  
**Sunday & Bank Holidays Closed**

## Your Healthy Living Advice Newsletter for May 2013

1. What happens when a person with asthma comes into contact with something that irritates their airways (an asthma trigger)?
  2. Then what happens?
  3. What causes asthma?
  4. What can make it worse?
  5. Name two symptoms?
  6. Is there a cure for asthma?
  7. What treatments are there for asthma?
  8. What are the signs that your asthma is getting worse?
  9. What should you do?
  10. What will they do?

Answers on the bottom of page two

#### **How common is asthma?**

Over 5 million people suffer from asthma in the UK and there were 80,000 emergency hospital admissions in 2006-07. There has been a rise in asthma cases in the last few decades and nobody is quite sure why. It is thought that changes in housing, diet and hygiene may have contributed.



What are the symptoms?

When a person with asthma comes into contact with something that irritates their airways (an asthma trigger) the muscles around their airways tighten so they become narrower. This makes it more difficult for them to breathe. This leads to the classic symptoms of coughing, wheezing, shortness of breath and tightness in the chest.

#### **How do you get asthma?**

It is known that you are more likely to develop asthma if there is a family history of asthma, eczema or allergies. Research has shown that smoking during pregnancy significantly increases the risk of



## Controlling asthma

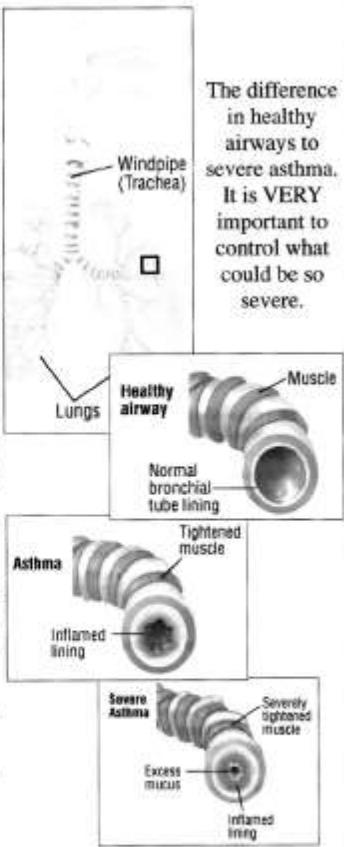
Unfortunately there is no cure for asthma but with the right medication and managing your triggers you should be symptom free. This



If you need to use your reliever more than 3 times a week, you have difficulty sleeping because of your asthma or your asthma has affected your usual activities see your doctor or asthma nurse to discuss how you can improve your asthma control

#### **How to reduce the risk of an asthma attack**

- Have a written personal asthma action plan which will explain how to tell when your asthma is getting worse and emergency information on what to do when it does
  - Understand what medicines you are on and when to take them – our pharmacist can help you with this
  - Get your inhaler technique checked – again our pharmacist can help with this
  - Take your preventer medicines (the brown inhalers) regularly even when you are feeling well
  - Monitor your asthma symptoms
  - Check your peak flow using a peak flow meter
  - Have an asthma review every year
  - Know what steps to take if you have an asthma attack
  - Get your seasonal flu vaccine
  - Look after yourself



# East Goscote United Girls Football Club

Did you know girls' football is currently the fastest growing sport in the UK?

Hope Powell's England team entered the UEFA Women's Euro 2013 Championship as fourth favourites following an unbeaten qualifying campaign; unfortunately they left the tournament at the group stage for the first time since 2005! With increasing televised exposure of the sport and the WSL (Women's Super League) there has been widespread interest and participation of girls in football.

**East Goscote United are recruiting girls of all ages to join our expanding club.**

We currently have an under 11's team (next school years 5 and 6) who train on Wednesday evenings and an under 13's team (next school years 7 and 8) who train on Saturday mornings. We are also in the process of setting up an academy on Saturday mornings for girls of all ages with a view to develop teams who wish to play in either the Leicester City and County Girls Football League (under 10's, 11's and 13's) or the under 8's and 9's development leagues.

## Coaches Wanted

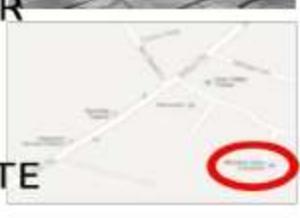
**East Goscote United Girls FC also require coaches/managers.**

So if you can offer a couple of hours a week to help run or coach one of our new teams as they develop or you are a girl who would like to give football a go, check out our website: [www.eastgoscotegirlsfc.co.uk](http://www.eastgoscotegirlsfc.co.uk) or contact the club secretary on 07903378614 for further details.

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<b>MONDAYS 7PM – 8PM @ ELIZABETH PARK THURMASTON</b>
<b>TUESDAYS 7PM - 8PM @ SIM'S EAST GOSCOTE</b>
<b>THURSDAY 09.30AM – 10.30AM @ ST HILDAS CHURCH EAST GOSCOTE</b>
<b>THURSDAYS 7PM – 8PM @ ST HILDAS CHURCH EAST GOSCOTE</b>
<b>SUNDAYS 10AM-11AM @ QUENI VILLAGE HALL</b>

**ZUMBATOMIC STARTS 2<sup>ND</sup> SEPT @ ST HILDAS CHURCH**  
**AGES 4-7 3.40-4.10/AGES 8-12 4.15-4.45 £2 A CLASS**  
**£1.00 OFF ANY ADULT CLASS WITH THIS ADVERT**

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[www.charnwood.gov.uk/dontmuckaround2012](http://www.charnwood.gov.uk/dontmuckaround2012)



PSCO 6507 Brian Geeson would like to invite all  
residents to a re-launch of the  
Neighbourhood Watch Scheme in East Goscote.

This will be held in the East Goscote Village Hall  
On  
**Wednesday 18th September 2013 at 7pm**



There will be talks from the police service.

Please join us and help to keep our village safe.



## EAST GOSCOTE SCHOOL OF MOTORING

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The Rearsby Slimming World group is coming back to the village as a morning group for the area.

When the evening group initially moved from Rearsby to Sileby there was always the hope that one day the group would return to the village where it all started 3 years ago. Helen Joined **Slimming World** in 2009 to shift her baby weight, and lost **3 and half stone** by following the **Extra Easy Plan**, she said "I couldn't believe when I joined that I would be able to eat **chips** and **currys** and lose weight" She became a consultant the following year and never looked back. On the success of the group she was able to progress her career in Slimming World and is now a Team Developer managing 15 groups in the North Leicester area. As a result of this fabulous promotion she has been given the opportunity to open a **morning group** starting on **Wednesday 4th September** at **9.30am** at the **Rearsby Village Hall**. "I am so pleased to be able to come back to Rearsby where I started my Slimming World journey" she said "And to be able to help my own community" (Helen lives in East Goscote.) For more information Helen can be contacted on **07949123898** and would love to meet you on 4th September.

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**\*New Group Opening\***

## Rearsby

Rearsby Village Hall

Wednesday Mornings 9.30am

*From Wednesday 4<sup>th</sup> September*

Contact – Helen on 07949123898

5 friends join together for £5.00

11 – 15 year olds go free

Child friendly group

**0844 897 8000**

[www.slimmingworld.com](http://www.slimmingworld.com)



*...I'm the mum I've  
always wanted to be!*

*Sara x*



**Slimming**  
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*because you're amazing*



# East Goscote Parish Council News

## Our New Councillor

Firstly I'd like to introduce our new Parish Councillor Mr Roger Merry-Howe, who was co-opted onto the council in March. I'm sure he will bring a wealth of experience and enthusiasm. We now have a full council.

## Councillor Training

Two of our councillors have recently attended training events. Chairman Robert Black attended Chairman's Training, and Councillor Michelle Cadle - Councillor Training. Both Courses were held by the Leics Parish Council Association and were excellent.

## Speedwatch update

This was a very successful event in which Councillors and members of the public volunteered to attend training and then to put in to practice.

In total there were 293 vehicles caught speeding who received letters from the police.

The average speed recorded on the Long Furrow was 40mph in a 30mph speed limit. In total 84 vehicles were caught speeding around the Long Furrow.

Melton Road found the highest number of speeding vehicles (204) with an average speed of 40mph.

The information has all been collated now by Councillor Kelly Barber who organised this event. We are currently in discussions with the police to decide the next course of action. I'm sure you will all agree that we need to keep residents safe, especially the young and elderly and with the schools breaking for the summer there will be more people crossing our busy roads.

## Twinning Association

Sadly East Goscote's twinning with France has come to an end. The Association formed in 1979. Mr Terry Brown presented the Parish Council with two charters (English and French), including the seals, which we will be displayed in the Village Hall. Other memorabilia which has been collected by the association, has been distributed to members.

## Parish Council opening hours

The Parish Council office hours have been reviewed, to hopefully make services more accessible to the public – no excuse to not collect those poo bags! We will also have a caretaker service five days a week to keep our village to the good standard that we've

become accustomed.

New office hours are Monday 9.30am-12.30pm, Tuesday 9.30am-3.00pm, Wednesday Closed, Thursday 9.30am-12.30pm, Friday 9.30am-12.30pm.

## A Village e-communication Mailing List

Councillor Karen McCalman put forward a suggestion of creating an email Newsletter. This would enable the Parish Council to inform residents of Events, Neighbourhood Watch information, and News. If you would like to be included in the mailing list all you have to do is send an email to: [eastgoscoteparishcouncil@gmail.com](mailto:eastgoscoteparishcouncil@gmail.com) putting "Mailing List" in the subject line of your email.

## Village Hall

Work to the village hall will be carried out during the summer. This will include new signs to the front of the building, a kitchen door and stripping and polishing of the floor in the main hall.

## Pavilion

Work is also planned to improve the driveway to the pavilion. This is planned for August. All holes will be repaired and it will be tarmacked.

## Neighbourhood Watch

A re-launch for this valuable service is proposed for Wednesday September 2013. (See separate article) Please join us and help keep our village safe. There will be talks from the police service.

## Crime Awareness

During the months August to October, crime awareness visits have been planned. PCSO Brian Geeson and some Parish Councillors will be taking part in this, visiting homes and giving out information and advice to our residents.

## Youth Council

Councillor Sally Lander is still hoping for some youngsters to contact her as she would like to re-launch the youth group after the summer. If you're a youngster in East Goscote and would like to have a say on what happens in your village then please contact Sally on 07756312171 or alternatively leave your details at the parish council office.

On behalf of the Parish Council we hope you had a lovely summer !

M Cadle  
Parish Councillor

# EAST GOSCOTE PARISH COUNCIL

~ MAY 2013 ~



Front row left to right: Cllr June Kyle, Cllr Michelle Cadle, (Chairman) Cllr Bob Black, Cllr Kelly Barber, Cllr Karen McCalman

Back row left to right: Cllr Sally Lander, Cllr Darren Eden, Cllr Roger Merry-Howe, Parish Clerk Mrs Liz Pizer

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Tel: 01664 851 822 Mob: 07725 897 348 or Email: [bill.hughes@tetadmin.co.uk](mailto:bill.hughes@tetadmin.co.uk)



## Leicestershire Constabulary

With East Goscote being quite a close knit community it is not unusual for people to see and hear things which may appear unusual and a little suspicious. An example of this is the vehicles seen driving around looking for scrap metal. It could be that they hold a licence to enable them to do this legally. If they see scrap metal such as a washing machine left at the end of a driveway they should knock at the door and ask if they can take it. If there is no reply they may take it anyway and in the eyes of the law this is theft. To help the Police catch these people please try to write down the vehicles registration number and call us on 101 with what you have witnessed including a description of the vehicle and the occupants.

I mention the above as an example of how the public can help the Police to catch criminals and prevent further people from becoming victims. We are here to help you and ask for your continued support and help in assisting us in our duty to protect and keep you safe and secure in your homes.

East Goscote is a safe place to live, but can never be totally free of crime. In the past 12 months there have been 12 reported Burglary dwellings. All families will be affected in different ways. Some will feel very traumatised and often may take some time for their feelings of safety to return. The Police will take every step possible to help them recover and importantly do our very best to catch the people responsible and the return of their stolen property.

It is vitally important that residents scrutinize their own security arrangements and if needing advice then to contact the police for crime prevention advice.

I am pleased to advise residents that the Police, working in partnership with the

Neighbourhood watch and Parish Council will be holding a NHW open evening on Wednesday 18<sup>th</sup> September 2013 at the village Hall. It will commence at 7pm and everyone from the village is welcome. I hope that existing street coordinators will be able to attend and be a great opportunity to meet up with one another. Street coordinators are highly regarded by the community and the Police but it would be great to have many more volunteers to fly the NHW flag in the village.

Being a member of NHW tends to make people more aware and focused of their surroundings. It helps to promote a good community spirit. Working together will be the sole aim of keeping the village safe.

The evening will consist of guest speakers and possibly demonstrations from Police specialist officers (To be arranged). It will also be an opportunity to ask questions of the police who can answer all your burning issues on local policing. There will also be light refreshments available.

Please make a note in your diary

**Weds 18th Sept 2013 at 7pm  
@ The Village Hall.**

Keep Safe be safe,

Pcso 6507 Brian Geeson,

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## Syston Volunteer Bureau

The Bureau was initially set up towards the end of 1977 to serve a then population of around 22,000 which included Syston and surrounding villages covering an area of around 25 square miles. The area and the population have grown considerably since then but the Volunteer Centre is still here.

At present the Centre provides a wide range of key services to the community and supports about 21 villages around Syston. Some of the key services are:

**Minibus Hire scheme for the community;** If you are a community group and you require an accessible minibus in the evenings or at the weekend to hire, then please contact the Centre for details. We have three minibuses of varying size and configuration. A volunteer driver may be available if you do not have a MIDAS trained driver.

**A Social Car scheme;** this service is for the most vulnerable, elderly, rurally isolated or disabled people in the community who find it difficult to travel independently or to use public transport for their needs. Volunteer drivers use their own cars to pick up and return users to their homes. In the majority of cases the volunteer driver will wait for a reasonable period of time whilst the appointment or visit is concluded. HMRC mileage rate is payable to cover the volunteer's petrol costs on receipt of a monthly invoice. There is also a small Admin charge.

**Wheelchair Hire Scheme;** these can be hired on a short term loan. Service users have described the scheme as a 'lifeline' as they have been able to take people with disabilities on holidays, or out and about in the community.

**Mobility Aids Hire Scheme;** (walkers/crutches/commodes) These are available on short term hire.

**Befriending** for isolated, lonely or housebound people – contact the Centre for further details.

**Shopping Service;** for the disabled or housebound-contact the Centre for details.

**Gardening Service;** for the elderly to keep gardens tidy

**Handyman Service;** for the little jobs that no one else wants to do,

We want, with your help and support, to develop a community where everyone spends some of their time helping to meet the needs of their fellow man, and where everyone feels valued and cherished.

**Could you volunteer for just an hour a week or more and help to make a difference?**

**Your community needs you!** . . . . . We are open Monday to Friday 9.00am-5.30pm.

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Leicester

LE7 1HN

Tel: 0116 2607888

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\*\*\*\*

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\*\*\*\*

Classics Menu, Monday-Saturday, 6.30pm - 9.30pm

\*\*\*\*

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#### PAST QUESTIONS:

1. WHAT WAS THE NAME OF THE BOY WHO BEFRIENDED ET?
2. WHAT COLOUR IS BOW STREET ON A MONOPOLY BOARD?
3. WHAT IS THE CAPITOL OF JAMAICA?

Answers Below

THE STAR INN 1744

[www.thestarinn1744.co.uk](http://www.thestarinn1744.co.uk)

Phone 01664 424220

Answers -1.Elliott 2.Orange 3.Kingston

## THE GREENER GOSCOTE PAGE – AUGUST 2013

**THE CLOTHING BANK** at our Recycling Centre at Merchants Common was broken into some weeks ago. You will know from the number of charity and fake charity textile sacks coming through your letter box that the market for textiles is very buoyant. That and the arrival of new players in the business such as “Cash for Clothes” shops seems to have brought about the demise of Leicester textile merchant Ragtex which operated ours and many other clothing banks around the Borough. Ragtex operations were picked up by other members of the Textile Recycling Association but they failed to deal in a timely fashion with what was a real hazard, especially to children just before the summer holidays. East Goscote Parish Council took swift action and instructed it's immediate removal. I am researching alternatives from better operators which will bring clearer benefits to the community and a more uplifting and positive image to our recycling centre. The matter is on the agenda of the August meeting of the Parish Council. By the time you read this there should be a solution in place. If so, please support it.

**BEES IN THE COMPOST HEAP.** Bees are under tremendous pressure right now and if they are having a hard time, we will pay in terms of reduced crop yields and a depleted environment so each and every colony is a precious resource. A colony of tree bees has joined in the fun at Composting Corner - my composting demonstration project in the garden of The Green Place, 6 Cossington Road, Sileby. A Master Composter who also happens to be a bee keeper identified them as card carrying EU citizens which are colonising the UK from the South. They are good pollinators apparently and no known threat to the locals so I left them undisturbed (partly for my own safety ! ). I then found another similar colony in an old compost heap in the garden at home. Same action. These are early season bumble bees and have done their thing now so I will be carefully turning the heaps soon.

The Green Place is open Wednesday to Saturday 10 am until 4 pm from March to December. I'm there most Friday afternoons from about 1 pm so come and visit Composting Corner and have a chat with me about managing household waste in a greener way.

**SNIBSTON DISCOVERY PARK** is a popular destination for holiday visits and, in Coalville, is not too far away. Amongst a myriad of technological, historical and just plain fun attractions there is the biggest exhibition of home composters and related widgets in our area. You can pick up all manner of ideas and insights about what is out there and what might suit your circumstances. It's run by a couple of very dedicated Leicestershire Master Composters and if they are around, they will help to explain the pros and cons of each device. Worth a visit.

Photos: Left - Vandalised Clothing bank ! Look out for the replacement. Centre – Composting Corner taking shape at Sileby. Right – Snibston Composting Exhibition – decorated “Dalek” compost bins for Compost Awareness Week.



**CONTACT US:** Master Composters and Waste Action volunteers promote home composting and sustainable household waste management on behalf of the Leicestershire Waste Partnership made up of Leicestershire County Council and the seven Districts of Leicestershire with Leicester City Council as an associate member. For free, impartial information and advice on composting and recycling, contact David on 2606773, 07724891627 or [david.cannon9@btinternet.com](mailto:david.cannon9@btinternet.com). Other useful links:  
[www.lesswaste.org.uk](http://www.lesswaste.org.uk) , [www.completewasters.co.uk](http://www.completewasters.co.uk) , [www.recyclenow.com](http://www.recyclenow.com) ,  
[www.lovefoodhatewaste.com](http://www.lovefoodhatewaste.com) , [www.leics.gov.uk/index/environment](http://www.leics.gov.uk/index/environment) [www.charnwood.gov.uk/pages/recycling](http://www.charnwood.gov.uk/pages/recycling) , [www.snibston.org.uk](http://www.snibston.org.uk)

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If you use these service	please mention the	Long Furrow

### Women's Institute

I wonder if the residents of East Goscote would be able to help. We would be interested in finding out about the previous East Goscote Women's Institute. We believe that there was an embroidered cloth /tablecloth made especially by/for the Institute and we would love to find out what happened to it.

Sharon Burditt 07712468580



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### Children's Parties at the East Goscote Village Hall



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&  
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Perfect for your children to celebrate!

Residents can enjoy this for just £80, and  
non-residents for £90

**To book, or for more details, call 0116  
2602202**

## YOUR BACK PAGE

On this page is a list of village contacts that is certainly not complete and in some cases out of date. Updating it is up to you. If you are a member of a group which is providing a service to the community, please let us have up to date details (contact Dennis on 2607410). Organisations whose primary aim is profit can purchase an ad. for a few pounds and be listed with our other advertisers.

Organisation	Person	Telephone	Organisation	Person	Telephone
Afternoon Tea	Tricia Marsland	0116 2609088	Long Furrow Editor	Dennis Bishop	0116 2607410
ATC Fg Officer	Andy Kenyon	0773 6302179	Long Furrow Adverts	Dennis Bishop	0116 2607410
Boys Brigade	Jeff Matthews	01664 850795	Mahavir Medical Centre	Dr B Shah	0845 0450381
BB Jnr Section	Jean Bates	0116 2606723	Messy Church	Sally Lander	0116 2694835
Beavers	Johanne Draycott	0798 1101644	Neighbourhood Watch	Ellen Hewitt	0116 2608224
Beedles Lake Golf Club		0116 2606759	Pharmacy	Arvind Patel	0116 2606734
Borough Councillor	Cathy Duffy	0116 2929419	Sim's (ex plough)		0116 2603388
Brownies	Rosemary Fraser	0116 2602912	Police (Syston)		2222222
Broomfield School		0116 2606704	Post Office		0116 2606236
Bizzy Bees Pre School	Helen Batson	0797 1274405	Rainbow Guides	Sue Bowles	0116 2375475
Charnwood B. Council		01509 263151	Charnwood Recycling & Composting		01509 634563
Charnwood W. I.	Sharon Burditt	0771 2468580	Scout Group/Hut	Steve Round	0116 2607774
Cubs	Jayne Disney	0116 2608786	Scouts Scouts		0116 2602018
Country Western Dance		01949 881502	St Hilda's Bookings	Tricia Marsland	0116 2609088
Daisy Chain		01949 881502	St Hilda's Vicar		
MP	Stephen Dorrell	0116 2608609	Syston Bowling Club		0116 2692105
E G Parish Council	Liz Pizer	0116 2602202	Syston Catholic Church	Fr. Anthony Pateman	0116 2608476
E.G. Village Preschool	Sally Lander	0116 2694835	Syston Methodist Church	Rev David Warnock	0116 2607626
Friends of Broomfield	Debbie Cottam	0791 9092341	Syston Model Railway	Chris Leach	0116 2605760
Friendship Club	Gill Morton	0116 2601977	Syston Volunteers	Kathleen Sommerfield	0116 2607888
Guides	Julia Bolton	0116 2608524	Tree Warden	June Kyle	0116 2607848
LCC Councillor	Dave Houseman	0116 2600848	Twinning Association	Eileen Ellis	0116 2605933
LCC Mountsorrel Tip		0116 3050001	Village Hall Bookings		
Library		0116 3053510	Waste Action/Compost	David Cannon	0116 2606773
			Wreake Runners	Matthew Noble	0770 8021436
			Wreake Valley Lions	Mrs C Grimes	0116 2608412
			Wreake Valley Rotary Club	John Squire	0116 2592788
			Wreake Valley Youth Club	Carol Baxter	0116 2608858
			Village Faults/Emergencies		0790 8504757



The Parish Council Offices are at

the side of the Village Hall

Monday 09.30 to 12.30 hrs

Tuesday 09.30 to 15.00 hrs

Wednesday Closed

Thursday 09.30 to 12.30 hrs

Friday 09.30 to 12.30 hrs

**LONG FURROW  
EMAIL ADDRESS:**

long\_furrow@yahoo.co.uk

**Website address: eastgoscote.leicestershireparishcouncils.org**